

Nada te turbe

(Letrilla que llevaba por registro en su breviario)

**Nada te turbe;
nada te espante;
todo se pasa;
Dios no se muda,
la paciencia
todo lo alcanza.
Quien a Dios tiene,
nada le falta.
Solo Dios basta.**

Santa Teresa de Avila (1515-1582)



[Carmelo Teresiano](#)
[Nada te turbe](#)
[Oraciones Diversas](#)

**May nothing disturb
you!**

(St. Teresa of Avila had
these verses written in her
*breviary***)

**May nothing disturb
you.**

**May nothing
astonish you.**

**Everything passes.
God does not go
away.**

**Patience
can attain anything.
He who has God
within,
does not lack
anything.**

God is *everything!**

(Translation by Jorge W.
Suazo)

(*This last verse may be
interpreted as "God is
enough.")

GOD ALONE! SOLO DIOS BASTA!

**Messages Received
by
Ronda Chervin**

May, 2008-August, 2008

May 12, 2008

Nine days before Pentecost I prayed a novena to the Holy Spirit each day. In the middle of the night after the Pentecost Liturgy I woke up suddenly at 1:30 AM. It seemed as if the Holy Spirit was speaking to me in my heart,

In the tradition of the Roman Catholic Church of which I am a member, there is no obligation to believe in the validity of any visions or words, audible or “in the heart.” Such phenomena come under the title “Private Revelation.” Approval of such by Vatican authorities means only that they contain no doctrinal errors or viewpoints dangerous to the faith, not that they are considered to be certainly from God. In any case, private revelation never has the status of Biblical Revelation. For example, Catholics are not required to believe the messages given even in approved apparitions such as those at Lourdes or Fatima.

A distinction is also made between messages allegedly given to an individual for their own use and general messages designed to reach the public. Recipients of messages supposedly from God or others not on earth are always subject to the judgment of a spiritual director. Clearly, however, a message such as “God loves you dearly,” is less questionable than one such as “leave our family and go to Jerusalem tomorrow!” And both of these also differ greatly from ones such as “Tell, the world, the second coming will be in the year 2000!”

Another important note: there are at least two types of visions given to humans: 1) apparitions – these are experienced as outside of the viewer, just as we see natural objects and the people around us. 2) interior visions – these we see within the mind but they are strong, strong images, not like floating, fleeting images from memory or imagination.

My conversion to the Catholic faith more than fifty years ago, from an atheistic but Jewish cultural background, included miraculous visions. At different points in my life I have been graced with what seemed like many interior words in the heart inspiring and consoling me. For more information about these experiences go to www.rondachervin.com and click on books, then on e-books and go to my conversions story and the various books of journals.

Recently I have been helping transcribe visions and locutions both personal and seemingly given to reach others as received by a Lutheran woman. These are on a web-site: www.thespiritualtransition.com.

Then, in May of 2008 I started, myself, to receive alleged messages. For ease in transcription I will not repeat for each description or message the word alleged, but the reader should know that this is the way I view them. I will never claim that these messages are infallibly given or to be received as such by anyone.

THE 85 OR SO MESSAGES I RECEIVED FROM THE HOLY SPIRIT CAN BE FOUND ALONE, NOT ENMESHED IN MY JOURNAL, ON MY WEB SITE – THE LINK IS ON THE ENTRY PAGE OF www.rondachervin.com in bright blue.

May 12, 2008

Holy Spirit: We want to give you a separate set of messages.

(I was a little frightened of being misled, for example, because I had a confusing day and was anxious because I don't have as much work as usual to do. Could I have been looking for something new to happen and so made it easier for the devil to deceive me? So I prayed the St. Michael prayer and the Angelus for protection and then in tongues. Then I lit a candle and prepared paper and pen.)

NOTE WHEN ALLEGEDLY THE HOLY SPIRIT SAYS "US" OR "WE" IT MEANS THE TRINITY.

Holy Spirit: We have opened this space in your time; do not fear.

(I see in an interior vision a grey space like a screen. I feel warm peace. Then I see an image of the globe: the earth. The words "Nada te turbe..." given on the cover came to me in Spanish in the song, as if sung by St. Teresa of Avila to me.)

Holy Spirit: Let go. Don't do anything you don't have to do. Live in silence and just respond to others when they come to you.

(The title of this set of messages came to me from the song as God Alone! Solo Dios Basta! I felt as if quiet was blanketing me.

Holy Spirit: Don't force anything. Remain in quiet.

Jesus: My peace I give unto you.

Holy Spirit: End the journal One Foot in Eternity now and let this be the new journal. Every conversation with others begin with praying aloud (I interpreted this to mean when possible and not offensive) with a healing theme of love. Sing "nada te turbe" to yourself. Pray for everyone whose image comes to your mind.

(I went to sleep praying in quiet. Then I awoke at 6 AM with this messages coming to me)

Holy Spirit: I want you to write to the divorced (as follows)

You have knots of bitterness and anger. The love you had when you wanted to marry was not a mistake. We gave you insight into the unique preciousness of

another human being to bring you close so that you would fight that the true self of the other would win the battle against the darkness in that person.

When you felt the darkness in your spouse winning, you wanted to flee and you wanted to rush toward the light in some other person and you could repeat that pattern over and over again.

Only in deep forgiveness will light and love triumph over the darkness of bitterness and anger in you. Ask the Holy Spirit to show you the darkness in you that needs forgiveness.

“The light shines in the darkness and the darkness can not overcome it.” (John 1: 5)

(At 9 AM I prayed asking Jesus, Mary, and Joseph why a separate series of messages? And they seemed to say simply that it was to reach different people and to work through my voice and in my differences.)

10:45 Adoration. I got prayer of quiet and said “sweet, sweet Jesus, O! many times. I feel very cherished and chosen. Rereading the previous journal: **One Foot in Eternity** I see You were leading up to this: **God Alone: Solo Dio Basta.**

Holy Spirit: Sit and let the peace saturate you. Don’t do anything else unless the peace lifts, for this peace is healing you.

10 PM I saw the **Master of the Transition Booklet.** It looks beautiful. I am very tired from writers and RCIA. I wanted a more quiet day.

Mary: We are happy with your service. Now, no expectations. Be still and let us all come to you as the Spirit wills. No need to schedule us!

Holy Spirit: To prepare for eternity we want you to appreciate the beauty of creation and life even more, but also to relax your grip on it. Let yourself be wafted a little bit above everything, as if you were levitating.

(At the RCIA meeting it was clear Fr. Ken wants me to be a teacher in the future. Of course I want to teach the truth with love. When I spoke to him the next day he said that I would certainly be able to teach as I wish. We agreed I am good when I teach vs. argue in groups.)

May 13, 2008 6 AM, I awoke thinking about the problem of trying to teach that sex outside of marriage is wrong and then I heard:

This is Paul.

I thought of different friends named Paul, but then got a sense it meant St. Paul. The Scripture came “Straight is the gate and narrow the way....”

St. Paul:

Sin seems like liberation but turns to dust. You experienced this. In these times on the globe there is a clearer understanding of this because of the publicly viewed excesses and catastrophic penalties in the flesh. The hope of joy in procreative marital sex has been veiled because of divorce where the children can become pawns. So, the young people don't feel the secure nest.

There is need for strong open witness about the brambles on the strayed path and the goodness of the straight path. This is being done in some contemporary Christian teaching on chastity where the witnesses are open about their experience.

You need freedom in the Spirit to be honest, not for the sake of fear, but for the sake of liberation from a society as crazed on this as the pagan societies I preached to.

To be chaste people have to cleave to Jesus as I did with passionate constant prayer.

During Adoration today I had prayer of quiet and mild rapture.

May 14 5:30 AM

Holy Spirit: We need the moral law because humans are so greedy to try for heaven on earth in following their illusions that worldly goods will make them happy, such as stolen possessions or the pride of fame.

Just the same, it is not as if once someone sins we give up on them and totally reject them. No. We let them live in the consequences (karma?) of their wrong choices.

The "righteous" want to see a clearer punishment, such as the immediate destruction of the body of the sinner. This is because the "righteous" are tempted and jealous of the seeming good the sinner got by breaking the code. The "righteous" then feel frightened that the other sinners "got away with it."

In this way, concupiscence and pride make a vicious circle.

Both the concupiscent and the proud are motivated by fear: fear of not having enough leads to covetousness. The fear of being a wretched coveter instead of a proud Stoic leads to sins of anger and desire for vengeance, and trying to be victorious through denunciation.

Do you see how Jesus tried to unmask these double evils by condemning greed and lust but also condemning self-righteousness?

What is the way out of the circle? "Perfect love casts out fear." By offering you the perfect love of the Trinity and, through the centuries, the comfort of the love of your

spiritual mother, Mary, and the model of so many saints and Holy Communion (co communion with us) we try to reach in to you to open the knots of fear.

As our love finds a place in you, we build a well in the depth of you in which to gradually pour in grace which over time overflows so you can love your neighbor as yourself.

You see? When your well of love is fuller you can love yourself and reach out to your neighbor with loving concern as you see them grabbing out of fear and judging out of fear.

This takes a long time to workout. The process is called “life.”

It is our “job” and our joy to see how to overcome the obstacles in you that come from original sin, childhood wounds, social formation, and your “fright-ful” choices.

“But, be of good cheer for I have overcome the world.”

I showed Fr. Ken the first pages of this new journal. He thought the messages were fine in content. He thought I did not need to try to figure out origin, just the truth of them.

May 15, 2008

I realized that I like Flynn House because since my husband was a kinda tough guy, I miss this being mostly with women. Tough guys make me feel protected. Fr. Ken is strong and a protection for me emotionally and spiritually but he is not a tough guy to make me feel physically protected.

May 15, 2008

Holy Spirit 6:30 AM The Family

Out of individualism, you think too much as if each individual has to have every virtue to be complete, whole and perfect. Your critical eye focuses on each one in a family and you think about each ones defects and your mind works on how you would like each one to be. The same with your family in the Church.

You have not really understood the mystical body image we gave you in Scripture. (Jesus is the head, you are the body and the idea that a hand is not a leg.)

It would be better if you look at each one and be grateful for every virtue, talent and good personal way and see how it contributes to the family and others places this person is: school, work, Church. They need the help of the Spirit to perfect those qualities to bring them under the umbrella of love.

In their areas of defect, when some capacity is needed by the Spirit, they need to call for help on those who are better in this area and to seek Divine help.

But they don't need to berate themselves constantly for not being everything. That comes from a proud, competitive, envious, spirit.

This teaching is part of the goal we have for greater appreciation for your own gifts and the gifts of others. It will take away tense striving and make "the burden light." You will be without so much tension to be perfect in a worldly way.

The fierce desire to control others and yourself must give way to giving yourself and others to us in prayer and becoming encouragers and affirmers of the good.

May 15 AM – funny joke on an e-mail forward: Live in such a way that when your feet hit the floor in the morning Satan says "Oh, no, she's awake."

8 PM After Compline I was getting ready to read a book, but I felt drawn into rapture instead and turned out the light to lie in bed and let Jesus take me. I slept a bit after about an hour of rapture.

10:30 PM I awoke and saw in my mind's eye Jesus in white smiling. His arm was around me and we walked in a hilly pleasant green terrain.

Jesus to me and others on the path: We are in heaven. I am heaven. I can put you in heaven at any time.

I saw a flashing scene of the Passion.

Jesus: Suppose I give you the choice. Which would you choose, heaven or the Cross?

Ronda: That's not fair to ask us. A part of me wants heaven and a part the cross on earth. The question divides me.

Jesus: It could be that the vision I gave you of heaven adds to the pain in you; like St. Paul's?

Ronda: Thy will be done.

I see Jesus in the green hills.

Jesus: Don't be afraid. Regina is right. Many of you are afraid of joy. Notice you don't have to do anything here, just be still and look.

I feel calm. He takes my hand and leads me into a forest. I sense the presence of the redeemed beings of my mother, my father and Dorothy (the woman he married

after he left us when my sister and I were 8 years old) peacefully together. They say to me, thank you for praying for us.

Jesus: Can you feel joy that I could do this?

(He walks behind them and has his arms around them from behind where they are standing, radiant.)

All is well.

Ronda: I feel obliterated because I can not even wish such peace. I so much cleave to division as more manageable!

(Later, typing up my night's notes I realized that even though I pray for my mother, father and Dorothy on their journeys 'on the other side,' there is a part of me that doesn't want to ever see them again because I have not totally forgiven the hurts and because I use their sins and faults so often for illustrations of points in talks I imagine that they hate me for it. I am going to pause in my writing now and pray for healing in this area.)

Jesus: That is my message tonight: envision total joy in union without separation. Can you see that I am teaching you a new form of healing? For you this healing would be not to separate within yourself the mind (mother), the body (Dorothy) and the masculine drive (father).

(I see a little girl, Ronda, moving toward the three. They all smile at me. I hug each of them and now there are four.)

Jesus: Can you just be there without figuring it out? You can call it Christo-therapy if you want. Whatever has not been done on earth, will be done in purgatory. For those who love the light there is no darkness.

Ronda: "Mine eyes have seen the glory of the coming of the Lord."

Jesus: Now, rest.

May 16 - 3 AM:

(I woke suddenly with images of war. (I have been reading about the Vietnam War and the Iraq war).

Jesus: Wars are a shock treatment we have to use to break through the dreadful complacency of worldliness.

Ronda: Do you mean you cause or allow the wars?

Jesus: Those philosophical distinctions re good, but you feel the agonies as sent not just allowed. What is important is not your analysis, but the cracking of the shell – the breaking through the illusion that you and others can make a paradise out of combined selfishness.

Ronda: That seems harsh. We have survival instincts and a sense of the common good.

Jesus: In the soul open to the need for God’s love and for salvation, those instincts are transformed in solidarity with others as you see in magnified form in the saints who didn’t choose evil as a desperate means for survival.

But, do not fret; obey and love.

(I looked up Christo-therapy on the web. A Bernard Tyrell started a movement with this name and wrote a book with this title; probably part of the Association of Christian Therapists. I thought that perhaps there is a collaboration in the offing of Regina, Ann and myself in counseling based on the messages and Regina’s book)

Jesus: Going back to your healing image of last night with your mother, Dad, and Dorothy: Can you see that in surrendering yourself to us we have used your mother’s mind, your father’s drive and organizing skills and Dorothy’s childlikeness as ingredients in that “soup” that’s call Ronda? We, your Holy Family, Jesus, Mary and Joseph, want you to see this as a microcosm of the way we bring good out of pain and brokenness. Dwell in this. “Alles vergangliche ist nur ein gleichnis?”

Jesus about Shame

You are inclined to feel shame because you are vulnerable instead of shame because you sin. The healing is to accept your creatureliness with childlike simplicity: “O, my Father in heaven, your little child feels weak, uncertain, miserable. Lord have mercy,” and then toddle along through your day as we strengthen you.”

May 16, 2008

When I typed up the healing part about seeing my mother and father and Dorothy together seemingly in heaven, I thought it might help on the guilt part to do that famous healing exercise where you write a letter to each person and write back what you think they would write back, trusting the Holy Spirit to convey the answers you need.

Dear Mother,

I feel guilty, not so much because of the bad feelings when you were alive because the conflicts were real and unavoidable given our differences, but more because of

using sins of your life as illustrations in talks. I say I do this because shocking witness talks work better than vague ideas, but I see today that I do it to get symbolic victory over the way I couldn't persuade you in life to agree with Church teaching or to be the doting mother you were before my conversion.

I want to ask you to forgive me for not trying harder to show forgiving love in spite of all these conflicts and for keeping it going after your death by means of these anecdotes.

Dear Ronda,

Part of my purgatory was the pain in me for my rejection of the good as well as the bad parts of you, and the way this hurt both of us. It was hard to forgive you for rejecting me for not being the Catholic you wanted me to be and for my sins before my conversion and afterwards in encouraging others to rebel.

I realize your guilty side keeps you trapped so that you cannot have that heart filled only with love you so long for.

Let us forgive each other now in eternity where there is no time barrier.

Dear Mother,

Mother, Mother, Mother. Yes. I loved you when I was a child. And I loved you throughout the rest of your time on earth even if it was tainted with a duty only attitude.

Dear Ronda,

I always loved you even though I hated your tight self-righteousness. I felt so rejected.

(I am now picturing us embracing and then laughing at each other with the joke "well, we both sure have a way with words!")

Sighs of relief.

(I will bring this to confession on Saturday – the symbolic victory part.)

After I wrote this I didn't feel a need to do a letter to Dad or Dorothy. I think that those relationships have been healed in one way or another.

That same evening the Holy Spirit seemed to tell me that if I am giving these messages to others I should describe it as a charismatic teaching gift.

I worked out funeral arrangements with our wonderful Mary Koontz who I know from the parish and especially our Why Catholic Group. I felt happy with the compromises and settling it.

(A friend of mine went to a Francis McNutt healing weekend in Jacksonville, Florida. She had a major sinful addiction for decades. It had decreased due to going more often to Mass but still plagued her. She claims that the deliverance from the demon of that addiction has made her feel free inside of the causes of the addiction.)

May 17, 2008 5 AM

Jesus: In healing try to see what the demon is of that problem. When I was on earth I often cast out demons. I didn't act as if the word demon was only a symbolic name for vague human forces.

So, in asking for healing for yourself and for others of sin, it is helpful to ask to be delivered from that demon say of drugs or anger. It keeps you from belittling the problem or from acting as if these problems are just natural and inevitable reactions to exterior events in your lives.

About Conversation

(This came in the night, but the reading for today at Mass was St. James on the evils of the tongue so it seemed as if the Holy Spirit wanted me to be ready to really listen to that strong, strong passages (find passage).

Holy Spirit:

There is a roughness in your talk, not only as in talk among embattled soldiers full of vulgarity and cursing but also within your families.

Teasing can be a form of fondness, but I am advising you to avoid harshness or the indifference of not greeting each other with words or gestures or smiles of welcome.

It leads people to become shut up in cold defensiveness and then to seek relief sometimes in the comradeship of shared addictions or in solitary addictions where there is a note of tenderness toward the self: such as "poor me. This drink will make me feel better, or this masturbation, This over-indulgence in food makes me feel good.

(Note from Ronda: I did not interpret him to mean ordinary pleasures in life but addictions.)

Politeness is good when it is an expression of respect, but it is even better when it overflows from solidarity and goodness of heart towards others in daily life.

Watch the way genuinely loving people conduct themselves in these small aspects of life such as light humor, affection, affirmation. Don't write this off as convention but learn from it and plunge yourself into the source: God the Father, 'from whom comes all good gifts.'

May 18, 2008

Hospitality

Holy Spirit: Your homes, your doors, your arms, should be open wherever possible. How sad. So many locked houses and locked up personalities, as you say.

Yes, sometimes, locks are necessary. We know that. but it should be a sadness of you that this is so.

The house of Jesus, Mary, and Joseph was always open. The heart of Mary was wide open to the incarnation in her constant prayer she let God stretch her – now you are rightly calling her the spiritual mother of the world.

Are some of you even self-protected against God your Father, your Creator? Like Adam and Eve after the Fall, do you hide from God rather than walk with him?

We miss you. A mother of a large family always knows when one does not come to the dinner table. We miss you when you don't come to the Eucharistic table. Unless you respond to the call with an open heart, how can you receive the Eucharist?

You have a thousand reasons to be locked in on yourself. We understand. But we knock. This time, open the door.

(Sharing these locutions with the Christian writing group, a Methodist woman pastor who loves the Eucharist and tries to increase the frequency of her way of interpreting it in her church asked me to ask the Holy Spirit why Catholics don't accept inter-communion. Here is the answer I got in prayer:

Dear Pat, I prayed the night prayer of the Church and then thought: I will ask the Holy Spirit for an answer to Pat's question, hoping it should not be simply what our Church teaches but something that could give me new insight. Here is what came. I doubt if you'll agree, but I feel impelled to send it anyhow:

As a deep kiss should be a confirmation of self-donation not a gesture of friendship, so full-inter-communion will only come when you are pledged in unity. That is not the present reality. But you must honor the longing for the oneness by drawing always closer to one another, praying to overcome the barriers.

This thought touched my heart with a longing to try more even just between us to get closer.

Love and prayers, Ronda

May 18, 2008

Jesus, Mary, and Joseph: We have a perfect will, but then if our children are not able to do that, we permit changes. We honor weakness and free will. Think of St. Peter. You need to do that, too. It is good that you consult others to avoid rigidity. You are right that we are giving you messages also now so that our words will be conveyed in different ways through different people.

Ronda to Jesus, Mary, and Joseph: With the messages to me from the Holy Spirit and you, Jesus, and others coming I hope such as Mary and Joseph, what is your plan for these messages? Another website or putting them on mine or....? A booklet as well?

Jesus, Mary and Joseph: Don't decide now. Let your messages build up and then we will tell you more. We don't want you to be distracted by distribution plans at this point. Stay open and above all, don't worry.

May 19, 2008

EXPECTATIONS

Holy Spirit:

Go back to the teaching on expectations in the Mary Rose messages. You felt a jolt of uncertainty at the thought, suppose very few read *The Spiritual Transition*? You think "if only one person, plant seeds, etc." is a cliché bromide. This is because your culture is dominated by statistics and cynicism. This is not a PR campaign. It is a transition for hearts. Have you not been changed? Was it so easy for you to become more loving that you want to doubt that the Source is directly working on your transition? "Love is patient, love is kind..." you are all too inclined to impatient harshness.

Yesterday you had a day of grey fear of the void. You became anxious. We told you that it was okay and to move slowly into what would be sent to you to fill your time. You are in training.

Ronda to Holy Spirit: I am sorry for being so easily doubtful.

Holy Spirit: Don't dwell on it. You were also suffering for Mary Rose. Now that you are receiving messages for others also, we have to keep you in a tension between vain-glory, exaltation, and poverty of spirit. Yesterday you had lots of poverty of spirit. Don't be alarmed. This week we want you to enjoy receiving all that we have

given you with Sister Regina. Now place this writing into Our hands. It is seeds and we will bring the harvest. Restful prayer of trust is what you need.

Adoration: I noticed improved digestion and I itemized other healings of Mary Rose: Bonny, Dorothy (spiritually, not physically), Pastor Andrew – some physical and some mainly spiritual.

During adoration Jesus, Mary and Joseph seemed to say, “hello, little greyhound. Adoration is your kennel where we get you to rest in our hearts. Try not to plan during this time.”

Ronda: Even the saints had venial sins to the end like Ignatius and Alphonsus. Fr. Ken is a holy priest even though he still has venial sins. I was relating this to the fact that I think I am receiving words from God even though I am obviously still a sinner.

A theory could be that grace abounds and comes into each of us through whatever door is open and each door has its own shape. Some word doors have distinct flavors in the style of the recipient. So, the only way a spiritual director who does not get direct words can guide one who thinks she does is through prudence about the truth of the messages and the fruits. Of course, also if she seems crazed or seriously immoral that would count against the messages also.

May 20, 2008

Ronda to Jesus: About Journey to Joy, where are you in the book?

Jesus to Ronda: I am the end of every road.

Ronda to Jesus: What about the Church?

Jesus to Ronda: May the arms of the Church be ready to receive those who read the book. Do not fear; pray. Think about the image in Et Unum Sint and about how Pope Benedict talked about overcoming divisions. This is all part of the Transition.

Ronda: Veni Sancti Spiritu

Holy Spirit: As the many tongues in song become harmonized, I wish to bring harmony to much that seems unharmonizable. Do not fear; instead watch to see how this will happen.

Ronda: Is this related to the Hearth: Focolare, sense of unity?

Holy Spirit: You were surprised by what Benedict said; and his mild, firm but hopeful manner. Repeat “Jesus I trust in you” all day.

May 21, 2008

See that it is pumping adrenalin to set up artificial deadlines, fear of depression if not pumping adrenalin.

Holy Spirit: It is necessary to observe your motives during the day and open to new ways. For 70 years you have been workaholic. Now, through Regina, we want you to consider a new way. The new way would be the float mode, based on doing projects slowly and in between not fearing or panicking, but either doing something fun, mild exercise, Knitting while reading leisure books; EWTN and trusting us and that you are not your work. You are more than your work.

May 22, 2008

Ronda to Jesus, Mary and Joseph: I feel a little overwhelmed by all the insights from Regina's book.

Jesus, Mary, and Joseph: Don't analyze it. Let what is true slowly percolate into you through us.

Our Church

Holy Spirit: Those working to heal divisions in the Church sometimes want to minimize the splits so they can have hope. We want, through love, to open each side to the truths which will enable each of you to let go of attachments to errors and half truths.

The truths that set you free are known to you already, but are veiled, not only by false philosophies, but also by lack of deep spirituality. Notice that in the midst of all the ecumenical and interfaith dialogues, JP II called leaders together in Assisi for a retreat.

If you are called to help heal divisions, you must become closer to those around you. Before you would feel too angry with them to want to get to know them better.

Ronda: Fr. Ken could do a retreat along these lines perhaps?

Holy Spirit: All the work you have done on your anger problems will help you in this healing. No need to push this like a project, but rather, look for 'natural' openings.

This is part of the Transition.

May 23, 2008 5:30 AM

Holy Spirit: Do you see that at this time we are letting you get glimpses of the world: (through my reading random books) Ancient Greece, Vietnam, Iraq, Russia, Poland, Rome, Regina's world.)

This is not so that you could become a pundit overseer of world events. No. More like Von Balthasar's Heart of the World, that you would begin to link your own heart to all the pain and joy in the world in a cosmic yet personal sense. We don't want our children to be insular or global but deep and at the core and in touch with the hearts of others suffering and joyful.

You tend either to groveling despair or grandiose pride. But Jesus is high and lifted up on the cross with the seed of resurrection real but hidden.

When you cleave to Jesus, Mary and Joseph in prayer, you are mystically in touch with everything at the core. You are not narrowly chained to the local or national, but this is not for the sake of making theories about the past, present and future, but to be able to love everyone through loving each individual who appears in your life.

By talking to you in this way, we want to unite your head and heart and will, imagination, and spirit. We can simultaneously stretch and deepen you when you truly surrender in trust.

Fear constricts and pride of ambition gives a false transcendence. Trustingly walk slowly, taking in, responding and then, as Jesus proclaimed, all will be one as I and the Father are one.

May 24, 2008

Poverty of Spirit in Battle

Holy Spirit: When you are in a battle for the cause of truth, for Christendom; or to witness to your own personal values, you have an arsenal of words, your favorite weapons, that worked when others tried to convince you; that give you symbolic victory, words of ours to bolster your truth with authority, sometimes taken out of context.

I am the Spirit of Truth. When in conflict, I want you to come to Me with the openness of the poor in spirit. This is not because there is no truth, or only what works in the present (that is Pilate's 'what is truth?')

There is personal truth as well as present day application. But, to let the truth shine through you, you have to be less defensive and really seek Me to give you the words that pierce, not like a dagger of hate, but like a two edged sword of LIGHT.

May 27, 2008

Light and Darkness

Holy Spirit:

(Context: I have been trying to be more silent at the instruction of Jesus, Mary and Joseph in the locutions to Mary Rose. I think when I am being my usual chatterbox self it keeps me from seeing things in other people and in myself I don't like to see. So, whereas silence is generally positive for many people, for me it has the difficulties that the Holy Spirit is addressing.)

When you become more silent you can see in yourself and in others the twisted rays of light and dark in ways of life and character. You feel frightened, as you would say, alienated, from others and from yourself.

When you feel alienated from others, you want to hide in yourself, but then when you feel alienated from yourself, where do you go?

You have to run past any limiting images of us, to the real God the Father, Son and Holy Spirit, and Mary, to our real presences so that you can hide in us and become more like us to get light and love for others with less darkness and fear (defensiveness).

This process of transforming you, doesn't take place in a way that is clear to you. That is why trust is so important.

Often what you consider darkness is shadow and what you run to as light is glitter.

But we don't sit on high laughing at your struggles. We are cheering you on for each tiny victory when you see goodness where previously you were too defensive to notice or where someone you think is critical and unappreciative ratifies what you are doing.

The closer you come to us, the Light, the greater will be your yearning that others and you, yourself, can be only light. This is the Cross of those who are given more of a foretaste of heaven. Don't "kick against the goad." Trust.

Sunday, May 25, 2008

I finished the work with Regina. I sat down to do her method of 15 minutes of quiet listening and it went to almost an hour of prayer of quiet. I realized that it is not the position, or the rosary, or the mercy chaplet, or the cats but praying without the pen and paper near that is key.

The Holy Spirit seemed to tell me that they have great things in store for me, but first they have to get me much more silent and quiet and that practicing Regina's

method is their way of moving me forward on more silence and quiet. Also to try more and more not to initiate conversation but respond.

May 28, 2008

Together

Holy Spirit:

Much of the time my children are knotted up in power struggles because of fear and pride. That makes it hard for you to benefit from all the ways you can help each other.

In your generation, where so many live very long, but in a weakened condition, you are forced into greater inter-dependence. This rankles, but gradually opens you to greater detachment from this earth and eagerness for total dependence on heaven.

The Church is a school of good inter-dependence because you need the self-donation of the priest for your daily heavenly bread in the Eucharist and he cannot fulfill his ministry without you coming to receive and all your works of love.

But, why is it so hard, you ask? For those of you who work in the parish, the more you want it to be heaven on earth the harder it goes. It can be the healing of your individual family wounds as you grow in love, but it can never satisfy you the way full union with us, the Trinity, the angels and saints will be in heaven.

We want you to cultivate gratitude for the tiniest gifts you receive each day from others in every part of your life. Yes, even for the charm and comfort of your pets. And, then, to let us in the sacraments and prayer fill you with Our love. This way you can be healed of all that pride and fear that pushes you to over-react to every annoyance, frustration and set-back.

To come into this good way of being together in preparation for heaven, doesn't require a plan. It is rather a yielding to impulses throughout the day and the leadings of your angel.

“The fruits of the Spirit are love, patience, joy...”

May 29, 2008 4:30 AM

Ronda to Jesus, Mary and Joseph:

I am running scared about Mary Rose not knowing if she will shut down or even come tonight. She has been out of town and busy with start up of summer school.

Jesus, Mary and Joseph: Alles vergangliche....Expectations? If you read all the messages you will see that we didn't say this relationship between Mary Rose and you would continue forever. We want to train you to trust by letting you wait to see

what is unfolding and proceed every moment of each day in our company so that we can guide you. Be at peace. All is well.

When Mary Rose came Jesus, Mary and Joseph seemed to tell us to transcribe not the private conversations between Ann and Ronda but mostly the Messages for others.

(Mary Rose was out of town and these sessions resumed the last week of May)

May 29, 2008

(Present were Jesus and Mary in the background; Aeratus (seemingly a martyred Roman soldier who became a saint of the early Church) and St. Joseph)

Aeratus:

Like fire and ice is your battle with yourself. How can you grow in light and love when you war with your experiences! Look past the curtain we have now trained you to realize is there.

So what you have experienced does not char the image of God within you. They are just gifts. They are just opportunities for growth.

To enhance your (comprehension?) of the Divine, release your judgment of these experiences. Then you will see more like God sees. If everything in the universe and every being in the universe is God's creation, allow yourself to see how much light He gives.

(Mary Rose has an image of stars at night seen in a forest with lots of trees. It feels like pure innocence; no malignancy, yuckiness, only God's creativity).

First see the light in all this creation and then recognize that your experiences are tools for being in this light.

Do you think that having an experience that is negative takes away God's light? Or do you believe that God is still with you in this experience?

How can God leave you if He put His Spirit in you, if you carry His image? Thus, how could you be lost in a negative experience if God is there?

You see, you experience things, but you are not these things. They are there to enhance your understanding and oneness with God.

Ronda to Aeratus: Even if I am the cause of the negativity out of fear and defensiveness?

Aeratus to us:

All humans on your planet have free will to create their own experiences, but no matter what experience you choose to create, God's presence in you remains. He sees the difference between you and your experiences. Take a message from this little message, which is an experience, as an opportunity to shine God's light, the light that has been from the beginning and will be in the end.

If you judge the experience, then you have not learned the lesson and will repeat the pattern as many times as you like until you accept the wisdom in it.

Mary Rose to Aeratus: Is this the war that we should not have with ourselves?

Aeratus to Mary Rose:

Yes, that takes away from your ability to learn from the experience. It is easier, little Rose, if you try to work from your heart rather than your head. Remember, it is about awareness, not analysis. (Mary Rose reports that she saw him give her a pearl.) Just be what you are.

St. Joseph to all readers:

When a child grows up, it accepts responsibility for its own decisions. So, too, you must accept responsibility for your decisions. So when you make a decision, remember this. For every action there is an opposite and equal reaction. Sound familiar?

(Mary Rose sees St. Joseph and Aeratus very close to each other. She senses that what follows will be a pre-step to a formula that we need to assimilate.)

If an experience that you have like an argument or a car wreck, a graduation, feeds into your understanding of the action and consequence relationship, every experience should bring you greater awareness in your decision-making power.

Do you, or do you not, wish to serve God's light?

God's light is a guide that comes from within you to help you navigate your experiences and therefore enhance your ability to make loving decisions that bring you closer to home.

Aeratus:

Release, release your judgment.

May 30, 2008

Breaking Down Barriers

Holy Spirit (to Ronda)

In the Trinity and in Paradise there were no barriers. Satan created the first barrier in his revolt and then Adam and Eve set up a barrier by disobeying God. They exiled themselves from Us in this way. The physical exile was an outward barrier, the closed gates guarded by angels.

Jesus' "all will be one" prophecy and vision removes the exile. "The veil of the Temple cracks" at the moment of His crucified death.

You, as humans experience in microcosm this pattern. You begin a friendship with joy, feeling kinship and openness. Then come the surprising negatives and you exile yourself from each other.

Instead you are to run to the heart of Jesus, dragging your image of your friend with you, and beg for healing love. Beg that the love of God in both your hearts can leap over the barriers or break them down.

As Aeratus and St. Joseph said last night, don't analyze these things but go with the heart.

Simply, you could pray: O God, I delighted so much in the light and goodness I saw in my friend. Now he or she seems like a knot of anger and fear with no room for me. I feel pushed out. I don't know how to be with this person.

And, perhaps, you could hear us say something like: Keep lifting him or her into our light and trust that either now, soon, or in eternity, the love you had for one another will be purified and free of all barriers. Then forgive whatever part the other one has in that barrier and ask forgiveness if you are at fault, also.

Then ask simply: Today is there anything I can do to show love and understanding to my friend? A prayer, a word of empathy if nothing else?

And when you see your friend, ask us for a clue about what is still possible between you. For example, you might not be best friends, but occasionally you can be an oasis of understanding for each other.

Love is a gift from us, not a bargain the other failed to fulfill, where you got damaged goods for a high price! In a way it is like that, but you were also damaged goods. (As the poet Auden wrote) "Thou shalt love thy crooked neighbor with thy crooked heart."

May 31, 2008

Retirement

Holy Spirit:

You think of this with emotions that waver between relief and doubt. We think of it as a big time of preparing you for your eternity.

For many of you it is a time of increased physical pain and woes. These we use as purifications and ways to detach you from the earth and ready you for your voyage to your true home. It shortens the time of purgatory which is a purging of the vileness that narrowed your hearts. You need so much more space for graced love for your hearts to be ready for heaven.

It is a wonderful time for witnessing to those younger than you. By your joyful eagerness to be united to us in heaven, they get to see the deeper meaning of life, beyond survival and coping.

Of course, they can not see this if they think of our faces as filled with judgment of them. When you cannot avoid seeing their sins and faults, let that look from you be more sad rather than angry. "Dominus fleuit." (The Lord wept.)

Think often of the older days in the lives of our saints.

(Ronda: I thought of Teresa of Avila dying with her head on the lap of her favorite Sister-friend. I thought of old Cardinal Newman doggedly persisting, hearing confessions for hours in cold confessionals, of Mother Teresa on her death bed telling us to be grateful for the beautiful things in life such as being able to walk. I thought of JPII asked why he still showed himself to Audiences in such terrible condition saying: They must see how I suffer for them.)

June 1, 2008 6 AM during the Octave of the Sacred Heart

(On arising I felt a familiar slight pain in my feet and hands.)

Jesus: We told you not to be surprised by changes in your bodies. I want you to have this invisible stigmata in your feet and hands because I want you to be one with Me in feeling wounded by the sin of others vs. being fearful and angry.

The less you do actively in the Church and the world the more love can shine through you.

Think often of the compassion-face of Fr. Ken and his delight-face. How much they do!

What is in the heart overflows.

Let me do this working your heart. It seems impossible to you because your heart is so jittery, but all things are possible with Me.

June 2, 2008 6:30 AM

Family

Holy Spirit:

You would like it to be all the good part: the long understandings of proximity through the generations; the physical closeness; the built up gratitude for all the helps.

We understand that, after all, we created the family.

But, then, there are the swift judgments born of long knowledge; the resistance to compromise as each digs in with prideful self-defense; the love dished out in spoonfuls that more be not demanded.

And from this you flee back to friendship love, lighter, less painful but less primordial, less of the gut.

We understand, we created friendship.

You hope your own marriage and children would have all the best of family and friendship; in the image and likeness of what was best in your past families, but free from all the tangled grief and disappointments.

We don't dash your hope. We wanted, by our grace, to transform everything natural, through supernatural virtues and gifts into its best form.

Each time anyone in the family opens to grace there is more love, more joy, more peace. Each time one in the family closes the heart to the others and to us, there is less love, joy and peace.

We urge you into the arms of forgiveness, to heal the rifts, and to make new beginnings. Even when on earth the bonds break, we aim for final restoration in our home, which is called heaven.

June 1, 2008 Message to Anne Direction for Our Times

Jesus

I am here, with you at all times. I watch you struggle for holiness and I encourage you to continue along on the path you have chosen. When you are discouraged, you sometimes look to other paths, chosen by other people. From where you are looking, their path might look smooth and easy, happy and fulfilling. Perhaps their path does not include the sacrifices that you find are necessary to travel along the path I have marked out for you. Perhaps their path does not appear to be as steep, as filled with obstacles, and perhaps their path appears to include more worldly acclaim and acceptance. Poor little apostles. Here is what you cannot see when you admire the

apparent easiness of the paths of others who are not chosen as you are chosen. You do not see that others, who have not made the same level of commitment, are not enjoying the same level of unity with heaven. Yes, their struggle seems less. Yes, their rewards seem immediate and plentiful. But you have something that nobody else has in the same way and that is Me. Nobody has the same relationship with Me that you have. You are My beloved apostle and I love all of My apostles. But the love I have for you and the plan I have for you is unique. It will never be repeated. I need you to continue on in your service to Me. I need you to remember that you are called to live differently, that your life, which may not be proceeding exactly as you planned, is proceeding exactly as I planned. Can you accept this? Can you remind yourself that you have allowed your Saviour to navigate your earthly journey? Can you rejoice in the path that I have marked out for you, even if it includes suffering? Please, My beloved apostle, try. I will help you with this. Rejoice in your apostolic commitment to Me. I will send you graces in each moment. These graces are unrepeatable, meaning that if a person rejects My grace in this moment, that grace moment cannot be recaptured. Time passes while you are on earth. Opportunities also pass. You are taking advantage of your time on earth for the family of God and for your loved ones and for you, yourself. You are so precious to Me. I am caring for you, I promise. When you are tempted to discouragement, remember that I am with you in each moment, sending perfect graces and blessings to you and through you. Be at peace in My will for you and I will protect My plan for you. You are loved by all of heaven and you are loved by Me.

June 2, 2008 Fr. Ken was talking at RCIA about the gift of the Holy Spirit. He made a great analogy: I loved my grandmother and she gave me many gifts. When she died I didn't miss the gifts. I missed her. So we should not be so attached to the gifts that we don't relate to the Person of the Holy Spirit.

June 3, 2008

Closeness

Holy Spirit:

You are ambivalent about closeness. Sometimes two of you can work together, your gifts complementing each other, but very often to try to do things together is to clash; each one slowed down by the resistance of the other, such as trying to put the collar on the cat's head while she is trying to keep it off.

You transfer this ambivalence to your relationship to us. You think if you get closer to the Father He will try to make you do what doesn't fit your personality, as your human fathers sometimes did. You think if you get closer to God the Son you will be crucified; you think if you let Me guide you moment by moment My fire will burn up all your own precious goals.

Try to think of it more like a cello and a violin in a duet. Yes, there is a score, but the violin has a different part than the cello. It is not drowned out by the cello and there comes about a beautiful harmony when each one does its own part well;

much more beautiful than if the violin player just plays his or her own melody unrelated in any way to the will of the composer.

To avoid frightening you, we don't tell you moment by moment what our part is in your thoughts, words and deeds. We want you to learn the main pieces we can play together "by ear." We want you to hear when you are playing off key: reacting instead of responding, lashing out rather than forgiving...

Yet we have no trouble with the harsh notes, we can gather them up into a high harmony if you let us.

To see if you are playing together with us, listen. When we are playing together the sound is called love."

"And the greatest of these is love."

May 4, 2008

Context – I woke up late in the morning and had to rush to get to adoration. During the night I woke up and thought I would write but then fell asleep. But I had been reading this thrilling account of the survival of the Andes plane crash victims pretty late so I felt guilty. When I got to Adoration I apologized and asked the Holy Spirit to give me the message now.)

Means and Ends

Holy Spirit:

You become insecure often because you make means into ends. These messages are a means, not an end. Think of St. Faustina, told that the new order would be founded before she died. (It wasn't physically founded but it was spiritually founded and then started after her death.)

We propose a means and if you accept, we move with that, but if there is too big an obstacle, then we try another means as we told you with the emerging Order of Consecrated Widows of the Good Shepherd. We told you that you are already consecrated individually in your heart so not to be upset if the order didn't work out. (And it didn't for me.) Other possibilities are other means for furthering the end, which is union with Us.

So, you must become closer to Us right now and not cling to specific means. The messages are good means, but they might not go on the rest of your life. Jesus wasn't on earth until the end of time!

We understand that you cling to a means because you experience closeness to Us through it or you think you will get closer through it. That is fine, but We don't want you to be frightened if there is a change.

Ronda: But the sacraments and the Church aren't just changeable means, are they?

Holy Spirit: No, They are Us. However we also work through other paths as John Paul II explained in Threshold of Hope, with the Catholic Church being the direct beam of light to the world but other rays of light off it participating in that light "That all may be one."

June 5, 2008

Spiritual Warfare

Holy Spirit:

You can not help wishing for rest from the combat and you are startled to have to go back to the battlefield when you thought that victory was won. Only in heaven will that battle be over.

On earth, how can you win at all if your guard is down? If you don't call for reinforcements?

That doesn't mean that you need to be tense. More that you must be aware.

The sign that the enemy is near is that sense of disequilibrium; unexpected hostile winds; change of moods in those usually friendly.

But your weapon is not the sword, or the shield; but sacraments and prayer; unexpected love piercing through another's defenses as we pierce through yours.

All these weapons we give you for free, for we are an army of liberation; liberation from your fear and theirs.

"Perfect love casts out fear." "You know not the day, nor the hour."

June 6, 2008 6 AM

Receptivity

Holy Spirit:

There is so much we wish to show you each moment. Right now you hear the birds chirping outside the window and each picture on your wall glows with the meanings they have conveyed to you – some for 45 years.

Don't you see that these unexpected post-60th birthday years are expanding your tight little soul? (When I was a child most older people died in their sixties so I was surprised to have so much longer to live myself.)

We understand how hard it is to release into a more contemplative way of life for those who have been so active. So we offer you less and more busy times; we let you see the contrast, each mode with its pluses and minuses.

The goal is, always, that all may be received and given in peace and love.

Look forward each day with joy and hope to the Mass and your quiet prayer time, for this is where, in a focused way, you let us “melt and mold you, then fill you and use you, as your song goes. It is your receiving time.

Humbly offer to us those snarled up moments where you don’t see your way forward. Wool is still useful after it is unravelled of knots. Bring those knots to Us in trust.

“For those who love God all things work for the good.”

June 7, 2008

Surrender

Holy Spirit:

Everything. Yes, surrender everything to Us, because we are your real future.

Do you see how your cats, even though they want to go out the door to a wider world, wait cautiously just outside the open door to check things out. Much more so do you look upward to heaven but then cringe backward shading your eyes from the sun.

Surrender seems supine, but is really a courageous leap into the better but less known. You could practice doing it each day and then many times in the day not just as a set prayer you could do making the motions, but, instead a real act of surrender.

Ask your angel to help you. Think of it as a dancer’s leap. You stay in the air longer and longer and one day you don’t come down. That is the end and the beginning.

June 7, 2008

Terrific experience with talk on Masculine and Feminine in Christ at the charismatic prayer group in spite of heat in the Church and it being a bit too complicated. Miguel Sebastian did a great job putting it all into prayer to give to Jesus. During the praying over I got to hold a large woman for 20 minutes or so who was sobbing, possibly because I mentioned repenting of abortion.

Joke: Can you imagine the leaders would pray: please send us a widow philosopher to help us?

I was thrilled thinking how the Holy Spirit arranged this wonderful thing for me which is so good for them also.

June 8, 2008 5 AM

Openness of Heart

Holy Spirit:

You (humans) have certain skills for dealing with problems of daily life: how to farm, how to drive a car, how to use a computer.

So you want to think that all problems have solutions, even problems of the heart. Yes, there are truths about the heart: that anger can become hate, for instance. But the solution to the problem of anger is not a simple plan to shun hate.

“Come to Me, all you who are burdened and weary of heart,” Jesus cried out.

The solutions to the problems of the heart are personal. Love dissolves hate. Forgiveness melts the hard heart.

Think of the witness of a saint, such as Paul, going from hardness of heart to burning love because of the forgiveness of St. Stephen as he was stoned and the forgiving love of Jesus coming in a vision to Paul. All that is person to person, not a disembodied teaching.

Jesus does not only teach truths, He lets you see the love of God for you as He laid down His life on the cross.

Instead of fear and worry about your problems, open your hearts to the sacraments and prayer to let Our love become the solution. Let the solution be Our gift slowly resolving what you cannot change by your own powers.

“Every good and perfect gift comes from above.” (James)

Later in the evening: I was feeling so sad because I cannot share these beautiful messages with the family since they reject this mode of communication.

Jesus, Mary, and Joseph: If you cannot share the best of yourself with them, let them share the best of themselves with you.

June 9, 2008

Surviving

Holy Spirit:

You are torn between the instinct of survival and the desire to leave this world.

As Mary Magdalene clung to the feet of Jesus after the resurrection and He said “Do not touch me,” she would have wanted to be raised in the Ascension

clinging to His feet. But Peter tried to flee from martyrdom and Jesus had to ask him “Quo vadis?”

When it is time for you to leave the earth We will do it in you. Until then we let the survival instinct push you through the obstacles in life that otherwise might daunt you.

Each morning is a sort of resurrection from the nightly death of your powers. Part of surrender is accepting this rhythm in your body/soul humanness. “Behold the handmaid of the Lord.” That prayer of Mary is so perfect. See how she is clinging onto the Angel of the Annunciation, to Me who will conceive in her, and by pledging the future clinging to Jesus who she will serve.

So must you in the morning self-offering bind heaven and earth by choosing to survive not for earthly goals only but by doing God’s will “on earth as it is in heaven.”

Are you seeing how the themes of each of these messages are joined? And, yes, as you suspect, they are linked to themes in each day’s liturgical readings.

Courage!

June 11, 2008 3 AM

The Future

Holy Spirit:

You think of the future as a road already laid out that you must walk on. Rather all the decisions of all persons pave the road. May the pavement not have the imprint of a brutal heavy boot. See how different paths look that are planted with the flowers of goodness! The bare feet of a small child can walk on such a road without peril.

You cling to the news reports to be ready for the future. Do you ever see in these reports a picture of Jesus and hear His words, “follow Me”?

But His feet lead right to Calvary, Rather than follow behind Him, you would rather touch Him lightly when your paths cross.

We want you to see the ultimate future as resurrected life so that you will run behind the Savior. Sing as you run!

“I have run the race, I have finished the course.” St. Paul

Praying Evening Prayer I was up to the Magnificat and I was petting a cat at the same time. I stopped and said to Mary: I think you loved animals very much. She seemed to reply: Yes, for many reasons, but especially because they don’t sin.

June 11, 2008 3 AM

Breaking Through

Holy Spirit:

You observe around you graveyards of the dreams of others. You can choose between ridicule and grief. You can train a critical eye on defects to score points or you can weep for those whose plans have crashed under the weight of their defects.

Which path is right? The critic's path is justified. Didn't Jesus scathingly condemn the evils choking his country? This He did to make room for a new way that was harder but better.

He also wept for those trapped themselves and manipulating others in power strategies. He wanted to gather the great and the weak under His wings to rescue them.

The break through is both deeper and higher than the bleak alternatives you think you have to chose between (in your daily decisions). Do the beatitudes look like a plan for success in the world?

The break through is in the heart. Ask Us moment by moment to give you the love to see through all exterior evils into the disillusioned hearts of others. Is that not how We used Our closest friends to win your heart?

“Forgive us our trespasses as we forgive those who trespass against us.”

Jesus, Mary, and Joseph: Speak the truth with love and then commend the other into Our hands, and then let go. This way the prophetic burden will be light.

June 12, 2008

Waiting to See

Holy Spirit:

You want to pre-judge situations to flee from the pain of disappointment. But, in this way, you cut off what is not full grown, or, as Jesus said, ‘pull out the wheat with the chaff.’

We would like you to be willing to wait more to see what We have planted in souls that might need something from you.

Every possibility is doomed if success is measured to a perfect score in reaching only one person's goals. Do children drop out of team sports unless they are the star players? Not if they love the game.

So, do what you love and bring along as many as respond for as long as they wish. Have gratitude for what comes that is good, but less measurement during the process. See how tense it makes you when you measure each activity every day?

Trust in Us that We will draw you in and lead you out of the situations that come along. Loosen your grip. We have given you models such as St. Paul and St. Teresa of Avila who went many places and tried many things.

“Nada te turbe, nada te.....”

Later in the day, hilarious incident: I couldn't get my toner into the printer so I called my parish computer man. In testing the printer he pressed the wrong amount of pages and instead of getting one sheet all of these locutions came out. I asked him if he liked private revelations. Yes, he said. So I gave them to him as a bonus. Since what was wrong with the toner was my slight mistake, I think the Holy Spirit wanted me to make that mistake so he would read the locutions.

June 14, 2008

The Promised Land

Holy Spirit:

The promised land is a prophecy, a dream, a rest stop, a foretaste, and finally your eternal home.

Above all it is Our gift and you open the gift and enjoy it when you are willing to dwell in the land. To dwell is to enjoy the milk and honey in company with other pilgrims.

How can you enjoy the promised land if you are more like a looter rushing through the land, dragging on your back more than you can carry?

In the Eucharist, Mother Church gives you the bread from heaven, a miniature form for the Eternal who entered time. In Confession, the priest, your travel agent, so to speak, rids you of the excess baggage you took on in fear and greed.

In each moment, through the lesser gifts of life on earth, We want to expand your hearts. Please notice.

“That your joy may be full.”

June 13, 2008

The hispanic charismatics ask me to do many talks for big group, leaders, and even youth. They will have Teofilo translate for me.

June 14, 2008

Islands of Peace

Holy Spirit:

In war, unconditional surrender leads to a time of peace. In a similar way, when many of you have been struggling within yourselves you can give up all your ways of trying to win and then We can enter and bring a time of peace.

Remember how often Jesus says, “Be not afraid,” and “Peace be with you.”

It is not that We want to see you humiliated in your battles with yourselves and others. It is that there is no real winning on the human fields of battle you create, despite the beauty of your flags.

We want to bury the dead and something new and unexpected rises from the ashes.

The resurrection of Jesus: what is important is that it happened, not your analysis of how. So, too, in those little resurrections of hope after bitter tears. What is important is that you are there on a small island of peace. Take it in.

“Peace be with you.”

June 15, 2008

The Prize

Holy Spirit:

What do you really want, my children? More? More life, more joy, more love, more success?

Your whole being is created to want more. You are not like rocks in the sun. You are always in motion toward some prized reward – short and long term wishes and goals.

It is a sort of race. It tires you out always running toward prizes but to sit still also tires you out. You can experience this as a rhythm of work and Sabbath, running to rest; resting to run again.

What do We really want for our children? More life, more joy, more love, more of the right kind of success. Jesus told you before He left this earth that He would send Me to guide you. The guide book is the Bible and the teachings of our Church. Also, Me speaking in each of your hearts. The light shines through.

We look for docile eager students who we can teach to run toward the good and also to rest in it. We have chosen you; do you want to pledge yourself to Us?

“Only one man wins the prize.”

NEW SET OF MESSAGES from session with Mary Rose

June 15, 2008

Present who conversed with us were Jesus, Mother Mary, and a large angel.

(We came to the session after a hiatus of more than two weeks both feeling kind of stuck for different reasons.)

All at once the Presences told us: Allow us to love you; we are excited to be with you. Good work.

Mary shows Mary Rose a wall and gives a message for us and for all readers:

You have a wall across your path and because of the weariness you feel from all that is occurring in your lives personally and in the world, instead of examining the wall, you are beating your head against the wall thinking by sheer luck it will fall.

But, look, you are not whole. You are not truly present with the wall that is halting your path. We know that you are tired and know that you are frustrated. We know that this is so difficult for the human, but we don't demand that you understand perfectly but just allow it to happen and be very gentle with yourself and others.

It is important that you run your hands across the wall, feel its texture, how rough, how hard, but impassive it feels. See how it was made of individual bricks.

What do you think we want you to do with this wall? Do you think you are supposed to go around it? Do you think you are supposed to go over it? Do you think you are supposed to go through it?

There are some who would want to do any one of those things. It is not that any one of those solutions is wrong but there is something that you can do which truly prevents any other walls of this kind from occurring.

Let's look at the wall again. You know how it feels. You can sense it, you can feel it, you can even see it. But where do you come from and why is it here? Why is this obstacle in your life?

Now let me make a distinction for the readers. This is important in calling forth new thought processes. Some obstacles you just step over, like house cleaning. You just do it. No worries, problem solved. This is not the kind of obstacle that you fear, but there is a spiritual obstacle and for ages human's have not gotten past it because your coping mechanisms can not deal with this obstacle. Each time you cope that wall gets higher. The obstacles don't go away by coping with it.

So how do you get rid of it? (The image Mary is showing is a wall being dissolved. It is just gone and then she asks me:) Do you believe this is possible?

(Ronda: is it like Joshua and the trumpet and the wall came tumbling down?)

This is your solution. If your consciousness is open and aligned to the Christ consciousness, then there was never a wall in the first place. (Mary smiles wisely.)

See what you are beating ourselves against only exists for the human. There is no obstacle in the Christ which is who you are. So now you will leave tonight and you will both think, but I still have this problem! Who has this problem is what I ask you? Your spirit or the human self?

But, you see this is why you must be present with the wall. The only way the wall disappears is if you allow your spirit, which is of the Christ light, to be present in your body which represents the human; the ego self which never believes. If you separate this, the wall stays. If you are present, then the wall crumbles.

Mary Rose to Mary: So, Mother, then I have a question: I don't find myself worthy or I don't even find myself good at being a mother or a mystic or anything really; kind of second rate. This opinion of myself is a wall and it doesn't seem to want to go away. How can I love myself enough to want to be present in this second rate condition?

Mary to Mary Rose: But look at those words: where are you coming from? Do they sound like words of God, the spirit that He put within you or do they sound like the ego full of fear and ignorance? You are spirit; you are light. You are more than your human self. Those feelings are illusions to distract you from truth and that is that every human being carries the spark of God in them. It is when you acknowledge and allow this spark to be fully present in you that the wall will disappear. The ego façade will crumble. You must learn to silence this inner chattering. It is a matter of trust for you.

(Mary Rose laughs and says I know she is right.)

Ronda to Mary: Okay. What you said to Mary Rose is so clear and right. How about with my wall of needing to do exciting creative things all the time vs. floating as you told me to?

Mary to Ronda: You have cultivated the practice of stress driven activity in order to ground yourself. This has taken a toll on you, has it not? It drains you quickly and fatigues your connection. So strong is your spirit and link to us that the ego has developed a way of burning you out fast.

There is a different way to run your system. So here is your wall. If you were to read it, it would say: “the only way to go past me is to do important things to make other humans in the world know how loud you can witness to God; only then will you pass me.”

But do you know that plants can hear you, that your cats can hear you, that your children and family can hear you, even if you say nothing? We are slowly bringing you to a new openness, a new alignment with home, with us. You no longer need to ground yourself in projects or writings or readings: besides, what have you not read?

Now we want you just to be. Don’t worry about our word not going out or the messages not being transferred to others.

You are involved in this project and you are doing one on one, but you are tired, Ronda, and your circuitry can’t run the way that it has run. That is why we have told you to look at the stars, the plants, feel the grass, to ground yourself in quietness in aspects of creation that don’t require words.

But you are afraid of this. You are afraid that it will lessen the effectiveness of our plan and the effectiveness of your time and energy.

But I think you will find that connecting with quietness will take just as much energy running through wires that have not been used in you this much. Enjoy this.

(I sensed that I could do this through music, art, even making art, EWTN, swimming, singing, dancing all more sensate activities.)

See how many walls do you have in your life? Now think carefully before you answer. The spiritual answer is you have none. The human answer is whine, whine, whine!

See, what do you like? How do you work with the inner self? Bring in spirit because spirit knows the answer. Spirit is of God. Learn to be present, to be spirit, when you are not stressed. This will help you to bring spirit in when you are stressed.

One of the angels:

This does not mean you won’t have heartache or that you won’t feel friction. It just means that there is a new way to deal with it that humans have forgotten. Now it is time to remember; remember who you are. Remember God’s original intention for you. Bring back the light; the power, the love of spirit in your lives, into your consciousness and remember that we are all one.

This will be a very sincere challenge for you even for those who are spiritually inclined, so deeply are these “walls” believed in that it may be a sincere challenge to take in the reality of Mary’s described solution. But we are never far away. We are there with you; we are here with you. Great is our love for you and great is our desire to see you return home.

In a very short time such enormous change will take place. It is far better for you to face these challenges, as painful as they may be, so that you can sit in the glorious light of a new dawn and we will be there to greet you in celebration.

Jesus:

Be patient, be patient with yourself and others for all has been arranged in perfect and divine order. We say these things not to stir panic but to awaken the light within each of you. Every person; everything, carries the mark of God and has its place in this divine order. Don’t be afraid that anything will be left behind. If you are all God then how can you get lost?

Ronda to Jesus: Do you mean all “in” God or all God?

Jesus to Ronda: Do you consider a slice of a pie to be the whole pie? The whole pie is God and everything else is a slice.

Do not be afraid. The intensity of this experience will increase, but think of it as growing pains; an acceleration of your ability to be what God intended for you to be.

(He hands Mary Rose a rose). You must let go of any expectations and trust. You must want this. I want this. I always have. Again, you don’t have to understand. Just allow and stop fretting.

Mary to us through words in Ronda’s heart: Do you see how you were each stuck when apart but together we are giving you a new insight and new images? We speak to each of you differently apart, but you need each other for a different message?

Mary to Mary Rose: And so it will be as our community grows.

Mary to us: The booklets, like any message, will be taken in by those who need it. The booklets are really, at this point, useful for your close intimate friends. The web-site will be more broadly accessed. You see, while we are seeing so many of our children awakened, there are still so many who are asleep; completely controlled by their ego and those messages would fall on deaf ears with them. But change is the constant. They always have the choice to believe. That’s why it is important that the website is available so readily. The booklets are just tokens of affection at the moment between you and your loved ones, whoever they may be.

June 16, 2008

Pace and Openness

Holy Spirit:

Imagine a sight-seeing procession. Ideally it is timed for the right amount of contact with what is to be viewed. The tourists are not jostled quickly past the most important sites.

Rural life was paced by nature: dawn, midday sun, twilight, nightfall, seasons. There was ample time to absorb the nature of trees, animals, weather in the midst of the work cycle. Think of cooking (as an example of absorbing the nature of each food). Think also of the pace of monastic hours of prayer.

In your era, you think instead of spirituality as leaping out of time, out of nature, into the eternal. You think of being saved from the realities you have made, into our eternal now.

More Catholic, universal, is a rhythm of the created with the Uncreated, in and out, out and in, like breath. When you release yourself into Us in prayer, we fill you and then send you back into your world to be open to it and transform it. The pace is liturgical, not rushed.

“There will be a new heaven and a new earth.”

June 17, 2008

Acceptance?

Holy Spirit:

Your sins nail others to the cross. Obvious are the victims when the sins are theft, scorn, babies torn from their mother’s wombs, terrorized innocents in wars. Less obvious are the victims when they are in complicity as when the victims of lust short-change each other willingly, or the exploited laborer wants the job.

The victims don’t always look like Christ on the cross but they feel the nails in their hearts.

How can you both fight sin, your own and those of others, and yet accept having to live in a world that is full of sin?

Picture a fleeing mob coming upon a launching pad. They see battered but viable helicopters descending to rescue them. Some, wounded in battle, slink away rejecting helping hands. Most let themselves be carried on board.

Once safely on board they spy their pursuers on the ground. Some throw things out of the planes to hit their enemies, but one calls out: “Surrender! If you surrender, after we land in safety we will send back rescue planes for you, too.”

“O happy fault, that led to such a Savior.”

Which choice will you make?

Can you see your enemy as one as desperate as you?

You are not called to accept sin, but “to love the sinner.”

June 17, 2008

As a member of the board of directors at Flynn House (a group home for men addicted to alcohol and drugs) I thought I should know more about what the AA meetings are actually like. I was astounded. Here were all these “tough guys” – quite a number on motorcycles, coming in and being so warm to each other and open and honest and needy of each other. I thought, my God, does it take reaching a bottom that low before men can relate in a heart-felt manner to each other?

I am now thinking that these locutions from the Holy Spirit are supposed to be related to my experiences during the day, partly to train me through deeper insights. So I am including the context of some of them where that context seems relevant.

Pride of Life

(“For all that is in the world, the lust of the flesh and the lust of the eye and the pride of life, is not of the Father but of the world.” 1 John 2

Holy Spirit:

You like to see energy in people: in sport, dance, building, climbing, bringing powerful music out of an organ. In nature you like to see the power of the ocean or in a tiger. Adam and Eve were full of such life.

Then you see the bad side of power: arrogance, dominance, cruelty: Cain killing Abel.

In every situation after the fall there are the two sides: the happy joy of life and the bad pride of life of feeling superior. That pride must be crushed before We can make the “new man in Christ.” When the bad pride of life is destroyed by ill-fortune or the grim consequences of sin, the weakness renders the dough soft enough to be molded into a person who can love and show the need for being loved.

To pray is to acknowledge that your life-force was not and is not enough to bring the happiness you crave. Through your surrender to Us in prayers, we can transform the bad pride of life into energy for building the kingdom of God, on earth as it is in heaven.

June 18, 2008

Leaning

Holy Spirit:

It takes defeat for most men to become humble and willing to accept the help of God and of other men.

For women it takes disillusionment to lean less on men and stand upright in the strength of the Spirit.

Hand in hand, walking with God, the redeemed men and women can go forward. Hand in hand is not one dominating and the other leaning.

That is the ideal. You see it in Mary and Joseph. Think of the journey to Egypt. Joseph had been broken in his pride by the people thinking the baby in Mary's womb was not his. Mary could not lean on Joseph during his time of uncertainty. Now, together, they go off to Egypt, a new land for them, hand in hand with the God-man, little Jesus.

Between the unredeemed and the redeemed is a long process of life together for you men and women with all the conflicts. You can not go forward without the essential element of forgiveness.

Parents want to be as gods to their children. The children take all their strength, drink up all their love. All that time they need to be taught to find strength and love in the divine Father and, in a different way, in Mary, their spiritual mother.

They need to grow up; that is up-ward, toward their heavenly destiny. When they have outgrown their intense neediness, they don't lean, but join hand in hand with you.

The way is strewn with crosses, but leads to the promised land.

June 20, 2008

(It seemed as if I dreamt in Spanish to "evitar" the "chip." and give to the poor. I awoke with a sense of fear.)

Give to the Poor

Holy Spirit:

Do not be afraid. Cling to the Church and give to the poor. The "chip" is a symbol of the world and fear of loss.

Those who have Us as their locus don't need to fear. We want you to be a "light" at the top of the mountain.

We have prepared you for a long time. Those who want to be poor are not desperate if a change in life-style becomes prevalent.

You can start now to do things in more basic ways. We will help you. Ask about each thing you buy or undertake: is this necessary? Savor what you have in each moment.

(The Holy Spirit seemed to direct my eyes to the Cimabue old portrait of St. Francis and said: See the wisdom in those eyes.)

"Behold, I make all things new." (Rev 21:5)

June 21, 2008

Lightness

Holy Spirit:

The more insecure you feel, the more heavy-handed you become as you grab onto what you think you need, like a climber slipping down the mountain grabbing onto branches.

When it is people you are grabbing onto they will often resist to avoid becoming prey, entrapped, used.

This is why quiet prayer time is a necessity. For example, you may wish to talk to this one or that one after Adoration, but gradually you become willing to become lighter about whether that happens or doesn't happen. That is because when you let Us fill you with Our peace you become less insecure.

Can you see how much lighter is the approach to life of those who are more secure? The climber with a sure guide finds the right place to put the foot and from that secure place can reach out and up with a lighter hold.

There are many ways of explaining this: the Eastern concept of detachment or a phrase like "Let go, let God."

Now, don't become heavy-hearted thinking about how insecure you still are! When you feel insecure what you have to do is grip tightly onto Us. Since we are usually invisible, you have to do this through prayer. For those with many tasks this can be done with little prayers throughout the day and then longer times as possible. For those of you with ample time the insecurity of so many possibilities could bring you often to Us for longer times of restful peace. From Us you can move more lightly into the next moments of your day.

“My peace I give unto you, not as the world gives.”

Yesterday talking to Bob Cave about 12 Step and starting to read The Big Book again, I was thinking about a convergence. Could it be that “the community” that the Heavenly Presences are telling Mary Rose and me about is to rotate around the messages but shared in some sort of 12 Step style. I will pray about it. I could write questions for sharing based on The Spiritual Transition. (Later on I did get the leading to work on a program called 6 Steps to Holiness based on synthesizing 12 step ideas with ideas from The Transition and God Alone.)

June 22, 2008

Wisdom

Holy Spirit:

Wisdom without patience leaves out love. What good is it to understand more and more about the global scene and the people around you and about yourself if you don't have the patient love to overcome the disgust that comes from bitter truths?

Honor those who doggedly work moment by moment to learn and apply and wait. Remember the images of patient farmers Jesus gave you.

To surrender your hearts to God and surrender to God those you love, which should include all humanity, is to recognize that only His love can bridge the gap between truth and realization.

In some past eras and in some countries now, the perception of injustice led and leads into immediate impulses to vengeance. In your times often impatience leads to the so-called quick fix for all frustrations by any method near at hand, from breaking the law to abortion.

Person by person and person to person you need to learn to come into divine wisdom and live that wisdom in patient love.

“In your patience you will save your souls.”

Visit of Mary Rose:

June 22, 2008

Present Jesus, Mary, Joseph, Archangel Gabriel and another large angel with big beautiful black wings).

Jesus:

Come, my daughters, do you think that you can work at night? Do you think that you can believe in God when all around you is as dark as night? What if you could not see the stars? (I see a lamb sitting next to a human and the lamb is as white as snow).

I want you to navigate the darkness within you. You will not be doing this alone. For the amount of time that human beings have been in total darkness, the healing must occur by reversing the pain that was given in that first place. A little bit like turning a balloon inside out.

This is serious work for a human. It is one undertaken only by those who truly wish to be at peace with the God that loves them. How long do you wish to hide within a balloon that's suffocating you? You don't have much air left to breathe in the world as you know it. The cocoon of chaos that has enveloped you; that you have allowed to persist, must be cracked. It must be flooded with new air; with new space, and with the truth about the world around you.

It's scary to look at who you are, to look at what you have done, but if you make a mistake in a paper do you leave it or do you go back and correct it? You can put off this healing for only so long. I want you to face this and I want you to know that I am with you. We are all with you. Don't be afraid. Don't fidget.

Where in the past we might have blindfolded you to carry you through certain places because there are things the humans have not the ability to handle, here is a truth you can handle because we are with you and are your family and it is the way home. When the blindfold is removed, you can help us remove the darkness in your life and the others will see what you have done as an example and will feel brave to do it themselves.

Mary Rose: What kind of healing are you talking about, Jesus?

Jesus:

The kind of healing where you use a fine tooth comb to rake out all the knots.

Mary:

We have to make you shiny again and we need your help. What my son is suggesting is a deeper level of cleansing to a level of cleansing that when undertaken by previous beings has brought them to utter madness. But the time is ripe now for your minds and hearts are open for the next level, for a new and deeper introspective relationship with the oneness of God. The best way for you to help others is to heal yourself, to face those walls as we have talked about.

These changes and this healing will come about in unexpected ways. Some humans will not even know that they are being worked on or healed. Others may be

aware of something happening: a change, a feeling, thought processes. It may feel like or be like being capsized in a boat. Is it possible to survive such an event? Of course it is, but you have to want to survive and you have to remember: why do you want to survive, for only those whose intentions are for God will breathe again. While none will be lost, the change does demand you bring more light into yourself; anchor it in this creation. It is a new world; a new way. Just allow for the experience to happen. Already so much has changed and so much more is coming. Wake up, little ones.

This healing will be like a long journey that occurs entirely at night but in the abyss of this we will come and sup with you from time to time to encourage you; to give you strength.

Jesus:

We don't wish to be misunderstood in our intentions. We are seriously interested in telling you that we love you, we are with you and you will be fine, but when we put you on the stage and strip you naked you are liable to panic. Why would we put you in that position without telling you first that we love you?

Ronda to Mary Rose: Example of witnessing to the people at Mass about Recovery, Inc. for anger, fear and depression which was hard to do but I could do it out of gratitude for the help I got from it and out of love for other sufferers. Is that the sort of thing you mean?

Jesus:

Yes, but you are far more advanced in this ability than others, which is why we wish to carry you a little further in healing work with yourself. We could not take someone who could barely acknowledge one aspect of themselves into this work, but we need you to pioneer that trail for those coming after you.

No matter what danger you come across in this new land of self, remember, who are you? You are God's creature. You carry God's soul within you. Where in the past humans never ventured past their faith, a faith bound by rules, traditions, society, what we are asking is for you to venture into the wilderness of a greater God where you don't have the structure of human limitations as a measuring stick. You only have the love of God.

(Note from Ronda: When I was typing this I had concerns about how this message could be misunderstood as meaning that the basic structure of the Church and its teachings should be now superseded by a purely mystical religion. I asked Jesus to clarify and He seemed to respond this way: "I am not talking about the truths of the faith at all, but of the way so many in the past never allowed us to enflame them with love but remained instead with a minimum of obedience only.")

Jesus:

The changes are upon you. We know who you are and what we want for you is unlike anything you have ever experienced on earth. Can you just accept a gift? Will you accept Me as a gift? There are no boundaries in heaven; there is only love. There is no shame or betrayal for those who accept the light and love of God; source of all that is.

In each of your hearts there is a place where you must learn to traverse. It is the inner pathway to God. Here even the blackest of black can not ultimately blind you. Here the white of whites cannot unbalance you. When you are God nothing can be an extreme except for His unconditional love, so not one thing can be in any imbalance.

Mary:

Don't you see? Don't you realize there is nowhere that you can be without us. We are one. Release your concept of separateness. You are never separated from the love of God, not when you carry him within you.

Believe in the ecstatic union and sacred communion of God. You don't have terms for this yet, but in time as more of you transition, new words will be created, others adopted, as they are sent to you in a language that better expresses the Divine oneness of which you were created.

Mary:

Allow us to be so close that you can feel our touch. Here I whispered encouragement to you. Allow us to be so close that you can not forego the thing that makes you reach for us. What we ask of you is part of your path; a part of why you are here and that is all it needs to be.

Mary Rose to Ronda: When they do things I don't expect them to do I have a tendency to want to doubt.

Mary to Mary Rose:

Come out! Come out!

Mary Rose to Mary: Is it that you want my emotions and thoughts to come out?

Mary to Mary Rose:

We want your soul to awaken on a level where you totally surrender to what Jesus is offering you.

Mary Rose to Ronda:

She seems to say that the poetry (of John of the Cross) will help if only to provide a lead for me to trust the spiritual realm and the experiences that can be

had there: experiences that are not human. They are experiences of the soul. She says I am afraid of intimacy.)

Mary: We have taught the mystics in the past how to walk in both worlds, but now we are merging these worlds so you must be both more integrated.

Mary Rose: But I thought that's what Teresa of Avila did. I thought she was integrated. Francis of Assisi, wasn't he integrated?

Mary:

Yes, integrated, but still they touched on what others described as madness because they were not understood. They were there as beacons of light to help raise the beliefs of men. They were what was needed at that time and place but here we need the next integration, the next expansion. You are not alone in these experiences. You are not alone in your yearning. We just are leading you into a new paradigm for which new understandings must be had.

June 23, 2008

Unity and Truth

Holy Spirit:

You are concerned that the Transition will bring people from different religions into a false unity to the sacrifice of truth.

That is because you are looking for external unity. What we are bringing about is a more spiritual unity of all who have been open to letting Us invade their hearts.

When people of many religions and nations visit the Pope he doesn't proclaim that there is only one true Church and they must enter. He tries to reach into their hearts by understanding and gifts so that they feel loved.

One day all the saved will know God to be Father, Son and Holy Spirit and will be one universal worshipping body, but the way we will bring this about and the way it will look will not be as you picture it now.

Think of the painting in your Church of Christ the Guru. It is not a picture of an Indian holy man worshipping a cross. It is Jesus showing Himself in the form an Indian would understand. Or, think of the many images of Mary in the apparitions of the different nations. She doesn't have to look like a Jewish woman of the Old Testament to be true. An Eastern Catholic Church united to Rome, looks more like an orthodox church than a Roman church. Mother Teresa looked more like an Indian woman than like a traditional Catholic nun.

Meanwhile, We want to give you the experiences and the gifts to be a light shining in the darkness until the day the light and the darkness will be permanently severed.

“Speak the truth with love,” and you will kindle the flame.

June 23, 2008,

I was pondering the part of the message of Mary Rose and the Transition about ways never experienced before that we will know them and I got a sense of the possibility that Jesus, Mary, Joseph, the angels and saints might be offering the possibility of interior visions of them that would be always there for us.

As a seeming example for me, I got an interior vision of Jesus, Mary, Joseph and my Guardian Angel at a table. I was sitting on the lap of Mary and the Angel was enfolding us with his wings. They were smiling, except for the angel who was just strong looking, protective. This lasted for a long time and faded into the background when I was busy with people, but then comes back when I am alone. Sort of like a screen saver on the computer which returns when the other activity stops. I am going to do a drawing of it.

Response from Marilyn Prever (A Hebrew-Catholic friend) to the God Alone locutions: A private revelation that has the Holy Spirit quoting Auden makes me want to laugh and clap my hands. I actually made a bumpersticker out of that quote a while ago ("You shall love your crooked neighbor With your crooked heart") but took it off the car because it was just too weird for people. That whole poem, "As I walked out one evening..." is one of my all-time favorites. The poet himself experiences nothing but darkness and death and yet he somehow bears witness to light and life as objectively true, and more real. "Life remains a blessing Although you cannot bless." After--or in the midst of--all the disappointments the "deep river" runs on.

I liked the rest of your messages too. I've learned not to approach these things in an anxious way, as if it was up to me to apply lessons, but just to let it roll over me and trust God to apply it.

Love, Marilyn

June 24, 2008

Fear

Holy Spirit:

You often wake up fearful. It is part of your nature as one contingent, always in need. It is part of living among strangers with unknown motives.

How do We work to change fear into trust?

Before the Transition we trained you in your morning offering to turn to Our invisible presence. In giving your day to Us you would be reminded of the purpose of your life and how your emotions could be brought under the control of our providence and will. Throughout the day in prayer you linked your quaking or tired or grateful hearts to Us. Those who received daily the Body and Blood of Jesus were strengthened by His real presence coming right into their bodies. With daily contrition and the sacrament of penance you allowed Us to take away the debilitating consequences of sin such as the fear that leads to and issues from hate.

Till the end of the world these will be our fundamental ways to be closer to you and overcome your fear.

Now more of you are coming into the ecstatic union (for more about the meaning of this word go to www.thespiritualtransition.com especially June 22, 2008) You will be able to see Us and feel Our presences as a constant, each in your own way. You will be less likely to fall into the abyss of your own weaknesses.

“That all may be one.”

Adoration

At adoration I tried to pray the rosary as if sitting in Mary’s lap in the interior vision setting.

Mary:

We want to live in you, pray in you, every moment. The proof of God Alone: Solo Dios Basta is that nada te turbe. Even though you will still experience the sorrowful mysteries of life every day, they won’t send you into a tailspin. As Regina would teach, you were too addicted to adrenalin and pain before to visualize us smiling at you. Notice how we are joining the image you got during your conversion of me calling you to sit with us and Claire Ten Eyck’s image that you needed to rest under my smile. – these two visions fit with the vision now of the Holy Family and you being a Dedicated Widow in your jumper sitting in my lap.

I thought it was a little like the Dybbuk idea and that Charlie Rich did help arrange this for me.

Notice that the picture in the vision is of me as a widow but as a child also. “Unless you become like a little child...”

St. Joseph said “I was like your husband, Martin’s heart.”

June 25, 2008

Personal Spirituality

Holy Spirit:

Christian doctrine is objective and unassailable. Though it is ultimately about the salvation of each person, it is not focused on the specific personality of each of you.

Scripture, my contrast, includes stories with specific words and actions of individuals. You will notice that it is full of risk. David has to trust that God wants to make use of his training in stoning wild beasts to help him defeat Goliath. He risks his life on his trust that it is God's will that he step forward.

In your personal history you have times where the risks you took failed in your purpose. A small child tries to show love for a parent with a gift that is ridiculed; a man or woman reveals love for a person who rejects him or her.

As a result, you can become wary of self-revelation. Your way of being with Us, instead of being child-like and free can become overly formal.

There is balance when you have in each day some perfectly formed liturgical prayer, but then, also, an ever flowing current of personal lifting of your hearts in trust to Us and to our family of Mary, angels, and saints.

There is healing when you are elevated above random prayer into the universal rhythm of liturgy. There is healing, also, in believing that We who created you to be an individual person cherish your endearing ways of showing your love and receiving Our love. Think of Mary Magdalene plunging through the ridicule of the Pharisees to anoint the feet of Jesus with her hair.

Singing in worship is so important with each person's voice harmonizing with the others in praise. Also when those with the gift of tongues pray, each one's words are different, but they blend in song.

If you recall, I am called "the comforter." There is comfort in losing yourself in the throng in public formal prayer. There is also comfort in curling up into our embrace in littleness in personal prayer.

Pray to be free of every fear that keeps you from fullness.

"I will send the Holy Spirit, the comforter."

June 26, 2008

Light Shines in Darkness

Holy Spirit:

Some days dark powers seem triumphant. You thought you had found a place of security and find instead dark and danger.

It makes you want to hide. The Apostles on Palm Sunday felt triumphant. By Good Friday most fled and hid.

Now it is your turn. Sometimes We tell you to flee, but more often we want you, whatever the price, to stay as a lamp stand for Our light. You are to speak the truth, not with hate, but with love. If not you, who? Can you sense that your own words are stronger since you have been receiving these messages?

Often, when you feel you can not win, that is the time when We can win, even if our victory is not visible. Was Our victory visible when Jesus was crucified? Only a few saw the light bursting through the darkness, but those few were enough for Us to use to spread the light throughout the whole world.

“I come to bring not peace by the sword.”

I had a vivid dream, possibly a vision, of the three faces of the Little Brothers who are being ordained deacon in France.

June 27, 2008 At the Ballard’s “Quail House”

“The Greatest of These is Love”

Holy Spirit:

God has led each of you through different paths to different treasures. You can come to love a value or virtue in such a way that you become not only its champion but also its defender and then can set in almost a spirit of rivalry.

St. Paul wrote of the different gifts of the Spirit, culminating with the blazing proclamation that the greatest of these is love. Can you see that the quality of one small deed of love having its source in divine love is “the pearl of great price.”

It is not a matter of teeth gritting decisions to overcome your resistance to sacrifice. Rather by sincerity of response to Our love for you, you let Us overcome the resistance to sacrifice. Humble contrition for failure keeps your hearts from closing up in defensive rationalizations of selfishness.

Gradually your heart is enlarged. In the end there will be no stopping the flow of love.

Richard wants to come for a visit when Mary Rose is with me. He asked why she has not become a Catholic yet. I gave some theories but then he asked what Jesus, Mary and Joseph and Joseph would say. I hesitated but then asked and immediately got this answer. “She has had a lot of trouble with conformity in the past. She doesn’t

know many Catholics. You are the only one she knows well. She needs to build up trust.”

June 28, 2008 at the Ballard’s

(They gave me a relic of St. Edith Stein and this very Carmelite locution seemed related)

“On the top of the mountain, “no-thing.”

The air is thinner
no smog
you are lighter
less attachments

Do you see
that being “we”
with Us
you are better
more free
not so shaky
not so angry
not so tired

less closed in with your wounds
more close into other’s hearts?

We call it “the Transition.”

June 29, 2008

“Hope in Things not Seen”

Holy Spirit:

There is pathos in hope. To wish for what is not immediately present seems to court failure. Disappointment is humiliating.

See how staunch was the hope of Mary and John and the few others standing under the Cross!

Coming to Church is an act not only of faith but of hope. You hope that responding to Our promise will bring you and others one day to heaven. Each little prayer for each other is a banner of hope.

What about hope for yourselves and each other here on earth? Pessimism can be self-protective, judgmental. It can close you to grace. But naïve hope is a denial of obstacles to success within and without.

The Christian is to see the seeds of God amidst the brambles; to applaud the spring rains and the signs of growth that follow.

Can you hear Us begging you to hope? How could We lead the saints into martyrdom if we didn't know that we could fulfill their hope?

“and even if it die...”

Joy of working on the painting with Ruth:

Home Free!

Dedicated Widow of the Holy Family -

Dear Ruth,

I finished the painting. It turned out, of course, a little bit messier than you would have hoped for due to impatience, but the border worked very well and it looks like a kind of funky, merry style of its own, slightly transfigured by the influence of Ruth. I pinned the title under it. The very poverty of it delights me and seems to symbolize this more carefree time of my life. In a funny way it has a certain movement in it. In fact at the charismatic prayer meeting I felt as if they were coming out of the picture to dance with me.

**What beautiful surprises God can bring out of spiritual friendship!
May God reward you for your time and patience.**

Ronda

June 30 2008

Power

Holy Spirit:

You love power and you fear power. It is the human condition. Jesus tries to teach you something to transcend human ways of understanding as in “behold the lilies of the field” or the temple veil is rent by an earthquake, but also by the drops of His blood or the child as the symbol of the kingdom.

The words of St. Paul speak of Christian virtue as the power to do good.

Your minds must be on the Gospel, the good news. Scanning the horizon for the bad news brings the illusion of the power to resist, but resolves nothing, for there are always powerful enemies without and within that threaten you.

The augmented power you feel in the joining of hands is a symbol of the different type of power. The images in Scripture of the end of the world symbolize

the defeat of purely natural power. Christ's resurrected body doesn't defeat the Romans, but defeats the laws of gravity as it ascends.

Grab His feet!

Fr. Ken mentioned in RCIA that he gags when someone says I don't like formal prayer because I like to pray from the heart, as if we shouldn't pray formal prayer from the heart, also. I think for me a way to be sure to do that is not to squeeze liturgy of the hours into a tight period of time, making it possible to pray it more like lectio divina. I started right away and it was good.

Great joy – Fr. Ken set up the pro-life committee. Also at RCIA he spoke against abortion and Carrie gave a heartfelt sharing of her sense of horror over it.

July 1, 2008

Being Drawn In

Holy Spirit:

We, the source of your being, want to draw your being always further in.

Grace can be for the purpose of giving you extra energy to do our will on earth. Think of St. Paul and other missionaries. Think of a Christian's daily life of work for others. Grace is the energy for good action, but it is also the power to enter *in* to Our realm. You rest in Us and breathe in "fresh air" so you return to your life tasks with new energy.

Watch this in those you think are close to Us. Can you see when their faces reveal more light? Can you feel more tenderness in their glance or touch?

The seed is hard, the fruit is soft.

"You shall go from grace to grace, from glory to glory."

July 1, 2008 MONTHLY LOCUTION THROUGH ANNE OF IRELAND

Jesus:

My heart never stops loving and not for a moment does My heart stop craving love in return. I crave love from you, My dear apostle. You love Me, I know. You serve Me with steadiness, I know. 'What is it that Jesus wants from Me that I am not giving', you ask. I will tell you. I want you to show Me that you understand My love for you by trusting Me. I am hurt when you do not trust Me. Look at your time of service. Would you agree that I have provided you with everything you need to see to your part in My plan? Would you agree that I have given you consolation when you were afraid? Have I not guided you when you were unsure? What have I withheld

from you? You are growing in holiness and I am answering your prayers for your loved ones with heavenly prudence and steadiness. The part you are called to play in My plan is important and I need your service but I would never ask you to serve to the detriment of your holiness. If you are not increasing in holiness, My dear apostle, it is because you are not allowing Me to direct you. Perhaps you are increasing but not as quickly as you would like. That is another matter altogether. It is for Me to decide how quickly to advance you. It is for you to cooperate. I am speaking today so that I can urge you forward. My apostles must be willing to benefit from the guidance I am sending. You must sit in silence with Me each day, asking Me where you can improve in holiness. What habits are you holding on to that you need to relinquish? What new habits should replace them? Apostles, it is not to stand still that you are called, but to move forward in holiness. This advance is necessary for these times or I would not be calling you to it so seriously. I am looking for you to change. I want you to grow. Many of you are saintly now, walking closely with Me in each day. I rejoice in you, it is true. You know that I do. And yet, I allow you to remain on earth, to work, yes, but also to become even holier. One of the ways you can become holy in a short time is by trusting Me in everything. A small child does not worry about one meal shortly after she has been fed another. She trusts her parents to provide for her, particularly if she has never gone hungry. You, dear apostles, have never been without My providence so there is no reason for you to fear. You can trust Me. I have proved this to you many times. I desire that you serve in joy and confidence and only through trusting Me will that be possible. Return My great love for you by trusting Me in everything.

When I, Ronda, read this, I thought about spending too much time reading fiction. The compromise was to get out a book from the library of Christian short stories.

July 2, 2008

(On the Feast of St. Peter and Paul, our priest, Fr. Ken Whittington, gave an incisive sermon to us in this Bible Belt area of North Carolina. Quoting Jesus making Peter the Rock on which He would build His church, Fr. Ken said, "He didn't say on this book I will build My church. The church assembled the New Testament gradually. Of course, he added, the Bible is the Word of God, but it is not the rock.)

Written Words and Persons

Holy Spirit:

You read about Jesus naming Peter the Rock in the sacred book, but in the earliest days of the Church the people (who had not seen Jesus themselves when He was on earth) heard about Jesus from the mouths of people, the apostles, the disciples. The resurrected Jesus spoke to Mary Magdalene, to Peter, to Thomas personally. The written word is a means, not a substitute for persons.

People change and wound, so you can come to prefer written words to people, thinking words hold still. We use the words of truth to reach your minds and hearts such as the words of the Creed. But the Word that became flesh was a person; the second Person of the Trinity and then a person on earth. When the body dies you will not see a book but a Person, your savior. Heaven will not be a library, but the communion of persons.

Because of what He saw and felt in a personal encounter, St. Thomas Aquinas thought the words in his books were but straw.

We are not asking you to throw away all books with written words. Are not these messages sent to become written words? But We do not want you to cling to them as if they were your salvation.

Each single moment of contact in loving presence with Us or with any human person can be for you an opening of the doors of heaven; an opening toward the ecstatic union. After all, new human persons do not come from words but from the “ecstatic union” of two persons.

Is not the Trinity an ecstatic union of Persons?

“Be not afraid.”

July 3, 2008

Setting Forth on a Vaster Sea

Holy Spirit:

You long for larger horizons. At the same time you rush back to the cozy safety of your homes. This is a natural in and out of human life on earth.

For your minds there is a joy in opening to wider views, but then you can become lost in speculation and need to come home to the fundamental truths.

In the Church we present to you the vista of an unknown but gleaming heaven and then gather you into your well-known parish settings with the one table of the sacrifice, finally giving you what is as safe as one Eucharistic host.

In this out and in rhythm you suddenly feel bewildered. You need to echo the words of Jesus on the Cross: “Into Your hands I commend my spirit.”

Children laugh more than adults because they have more trust, but the benign smile of an old one, tells of long tested trust and abiding hope. (The smile of Benedict XVI?)

The sailors knew to trust Mary, Star of the Sea.

July 4, 2008

Intensity

Holy Spirit:

We want you to be intense in a way that attracts rather than frightens. We want an intensity of love, not of pseudo-power

People were not afraid of Jesus, Mary and Joseph. They were drawn by the intensity of their love. So also with the saints.

It seems to you paradoxical that to become more intense in this loving way you have to become more relaxed in your prayer.

Prayer of presence is not tense but receptive. This is because supernatural love that comes into you and radiates from you is not tense. Tension comes from fear.

Our love is intense because it is person to person, but it is relaxed because it is a response to what is of unchangeable value; your created being and what we have created in the being of those you encounter.

Supernatural intensity is as rhythmic as music. Tension, by contrast, is jerky, as you try to coerce others into fitting into some plan you have created to allay fear; for example, fear of loneliness.

So do not begrudge Us the time of receptive prayer. The ecstatic union depends upon your willingness to come out of your habitual state of defensive planning.

Refreshed by Our intense tender love for you, you will be better able to direct rays of love into the hearts of others.

Try!

July 4, 2008

Dear Gen, my sister and friend,

Finishing another book of your journals I am thinking if I read this not knowing who you were and someone lined up 4 women parishioners and said pick out the writer of these journals, I would never pick out you!

It seems from the journals as if you would explain the discrepancy between your real self as known to you, and the one known in the church where you served, as due to a façade caused by a desire to please. I really think this theory comes from the Evil One.

Perhaps if I tell you how I see you, it would help. You emanate not phoniness but sincerity. Your eyes display a piercingly sweet unspoken empathy. There is an eager lilt to your step as if anticipating unexpected joys from the little gifts of life. Your laugh is full of subtle amusement at the little glitches of daily life. Your anger seems like the occasional yaps of a frustrated doggie on a tether, not the ferocious resentment of a wounded beast.

Is it possible that unbeknownst to you, God has been fashioning you into His treasure and that you have, in fact, actually done His will, all the time thinking you have thwarted it?

Well, as I always proclaim, I am not a counselor, so this is only my take on you so far, and you can laugh it off. But in case I am right, maybe it will be a consolation.

Love and prayers, Ronda

July 4, 2008

Present: Mary, Jesus, Madgalena, two or 3 angels Joseph

(Mary Rose: Mary appeared as a jewel of heaven but Mary Magdalene seems very different: strong, powerful, but her touch is tender and strong).

Magdalena to Mary Rose:

Did you think that this would be easy? Can you imagine trying to manage every person's bank account by yourself? This task is not meant for one person. What we are asking for you to do is manage your own account. There are lessons to be learned for each individual. Don't take responsibility for course work that is not yours. Now certainly there are aspects of every lesson that are the same. For example, all humans learn about love. All humans learn about wisdom and compassion, but that doesn't mean they are doing it the same way.

Do you understand that you eat the eggs that are in your basket, and when they are gone, where do you get more? Is it necessary for you to get more? The answer to this lies in you, anyone's individual yearnings. Some people want to eat the same meal over and over and over again; others chose different kinds of meals.

So what are you choosing to put in your basket, because that is what you eat. Don't judge yourself for what you chose to put in your basket because God doesn't care what you eat as long as you go to Him with each bite. So imagine Him being there when you pick up your basket, when you put your eggs in the basket.

Each time you chose an egg to eat from this basket and with each mouthful invite Him to be with you. He is the constant. Talk to Him about what you eat, about what it tastes like, what it smells like, how it feels.

Then see a further analogy. Does the egg look exactly the same entering the body as it does leaving? No, it does not. What is discarded is the darkness, the unusable part of the eggs that you eat. What remains, deep in the body, is that which is nourishing. As the egg is transformed into life, your life, and you are transformed by this sustenance, so you see nothing remains the same no matter how long you carry your basket or what you put in it.

So, then, I ask you, what allows this change to occur? Is it just the egg; is it just the basket? No. It is the act of God in you that yearns for home; that gives you the ability to pick up a basket; to eat what's in it and to be alive.

The life is God; a reminder to you and to those around you about who you are: God's creation, God's child. If it were true that God could be tainted just by knowing or having a mortal experience, then how could Jesus have done what He did? How could a human ever turn their heart around? These were acts of God, so you see change is constant in the human world but moreover God's light drives the change toward good, toward love, toward home.

We are at peace with you.

July 4, 2008

Ronda to Jesus, Mary and Joseph:

A long time ago you referred to a community that would form around the Transition messages; that is of those who respond to the web or booklet. I am thinking it would start as a prayer group where each time we could read a message, plan to apply it to our lives, pray over one another, to see if there are words from you for each of us, and also pray about some problem of the week we anticipate with Mary Rose being present whenever possible. Is this good or do you want me to wait even to plan this? Or, should it be a different way?

Joseph:

Be careful that prayer and self-exploration are mixed in the proper amounts to facilitate a healthy path to God. Are you surprised when people are not open to such personal conversations with God? In a prayer group some will shut down immediately; others will embrace it and still others will forget the purpose of the meeting. Mary Rose's interaction with others will exaggerate their personalities. If they really want healing and practical know-how it is possible. If they don't or misunderstand, then no growth can be had.

Ronda to Joseph:

When I meet someone I think could be good for such a group, should I have them meet Mary Rose first as a test of whether they are good for this such as Bob or the Sullivan's or Sharon or Ann Chastain?

Joseph to Ronda: What we are trying to prepare in Mary Rose is an example to show that all people can become more one with God; it doesn't matter that they are human. So, interaction with others is a good thing both in Mary Rose, yours and other's experience. But you must be patient for some will rebuke it despite their yearning for it.

Ronda to Joseph:

I am assuming, then, that I should try gradually to build such a group without too many expectations.

Joseph to Ronda:

Yes, of course.

Mary Rose to Ronda:

Joseph is reminding me about someone who I shrank from helping but even though it was hard, it was good.

St. Joseph to Mary Rose:

You chatter much too much!

Ronda to Joseph:

Can you help me with the group?

Joseph to Ronda:

All you have to do is ask.

Jesus to us:

So, you are working hard at understanding all that is happening in your lives personally and what is happening in My family as a whole. Understanding is not the same thing as doing. You are finding it challenging. I understand this.

So, why don't you try feeling instead of thinking? Why don't you try loving instead of directing? why don't you try enjoying the gift of love that we bring to you?

You are so caught up in the human view of your experiences, so wrapped up in whether it is a brown egg or a white egg as Mary Magdalene discussed. How about it is just an egg and it's provided to you for nourishment. Just enjoy it.

(Ronda to Mary Rose: I am thinking of how much my daughters and others in the family show they love me.)

Jesus:

You fret so easily.

We know how difficult it is to balance the complexities of your making, but this is part of the transition we need you to make. So here is an image to help you: imagine that in one hand you have all thought: thinking, intellectual ability and, on the other hand you have your passion, your emotion and your feeling. Now these two aspects are sitting in the hands of a physical body which is designed to record sensory input. So now we have three aspects: thought, feeling, and the physical. Now, what makes the three cooperate is the light of God that connects them.

(Mary Rose: I see a beam of light like a triangle from hand, body, hand).

It is the light that enables these aspects to be in balance. Without the light dysfunction would reign and imbalances would persist. So, now doesn't it make sense why when you are not standing in the light of God you experience extremes?

**So, now, use this analogy and bring balance into your life with the light of God that exists within you.
Mary Magdalene:**

Yes! Yes! and Here's how you can do it. Ask that the light of Christ bring your aspects into balance. As that the light of Christ rule over these aspects in your life. It is the light that He gives that must be superior to all others aspects of self, because it was His light that was there first. All other aspects are mere fragments to that which was in the beginning, is now, and will forever be.

(Mary Rose: She is remarkably beautiful – queen like.)

Jesus:

Balance. We aware that these aspects will test the light which you understand as your rebelling against God. That's how you view your imbalances, but if you are aware of the aspects, then be aware of who controls them and then let it be. Step out of the heat, charge, of these aspects and be in the light.

Now, how does the egg taste? Can you see the distinction I am making? You can enjoy the egg and still be in balance. This is a difficult adjustment for humans.

(Ronda: I am thinking of Pope Benedict as having this balance.)

But, this is a necessary part; a necessary part of your path for the transition to occur within you.

Let me speak to this transition again. Hear me, my little family. So many of you are in panic about the changes you are feeling and experiencing. So many of you are just beginning to put the pieces together. You are beginning to see the pattern.

Don't be afraid. Nothing will come to harm. Don't keep your thoughts on apocalyptic terror or in separation from God and your loved ones. Let the stress be that this transition is occurring within you. You are awakening within which can be like waking up one morning as a totally different person from who you were yesterday.

Long has it been since you have welcomed a closer relationship with us, with your heavenly family. So this transition is merely just a rekindling of a flame that was never meant to go out.

Do you understand? This is about love. It is about grace. It is about God's light. It is about a return to a Garden of Eden. Is that something you want? Is that something that you can imagine or envision?

Come, walk with us. Let us be one and let us dance in the cosmicness of the Creator.

Be accepting. Be gentle. Be ever present with the changes first in yourself; then in others.

July 5, 2008

An interesting quotation is the AA book from Shaw: "Must a Christ have to be crucified in every generation for the benefit of those who have no imagination?"

Silence

Holy Spirit:

With what words can We teach you the limits of words?

We want to teach you not a dull silence but a rich silence; the silence that comes from going out of yourself into ecstatic union with Us and our creation.

Tedious chatter comes from your enemy: fear. You try to ward off fear, ultimately fear of death, through wordy plans. Since corpses are silent, you prove to yourselves that you are alive by hearing your own voices.

Speech as response is better; more musical. You hear a request, pick up a concern, sense a need. Your voiced response signifies you are ready with helpful love.

Your tongue cries out against the threat of such seeming restriction. You ask if I would you condemn the joys of self-expression? Always you want to justify excess by reference to the evil of its opposite: poverty.

We treasure your spontaneous personal voices. What we wish to tame is the scattered noises of your anxiety.

Try for just awhile slowing down and questioning what you want to say. Favor words of communion what Us; words of praise of beauties large as the sky, small as a flower; words of thanksgiving; words of humble need.

Reject words of anger; words of complaint; words of critique; words of prodding.

One day your song will blend into Our song.

(Find St. James letter on the uncontrolled tongue.)

July 6, 2008

Poured Out

Holy Spirit:

It is safe inside the bottle, the libation slowly gaining flavor and strength. The interior life grows in darkness. Then comes the time to let Us bring you out to be served, tested, tasted, relished or, perhaps, spit out!

We waste nothing. Think of the angels saving the blood pouring out of the side of your Savior on the crucifix.

Mary's and your consent to Our plan is at first without boundaries. The specifics of Our plan unfold. At each unexpected turn we leave you free to take back your consent. Appalled, Peter cried out: "I know not that man!" Your weaknesses become part of Our plan. How many find in Peter's tears the impetus to their own repentance!

The risen Jesus came right through the locked doors of His hidden disciples. He was eager to reassure them. He will anoint them before leading them forth, themselves, to be poured out.

Take courage. Let us lead you into the unknown future.

“The light shines in the darkness and the darkness shall not overcome it.” (John 1...)

Letter to Ruth and Richard:

Dear ones,

People are always quoting lines from the mystical doctors about not seeking consolations, and we know why they teach this, but..... look at these lines from the hymn of Sunday Evening Prayer 2 Week II Love Divine All Loves Excelling:

"Joy of heaven to earth come down...Grant us many choicest blessings...."

I think I mentioned this to you before but the great teacher of 20th century mystical prayer Garrigou La Grange the spiritual director of Jacques and Raissa Maritain taught that even though the definition of sanctity is heroism in virtue, since all the saints, according to him, needed special contemplative graces to do it, it is right to ask for all special graces that we need to grow.

A beautiful thought of one of the hispanic lay preachers at the prayer meeting last night on the 2 greatest commandments. Only if we love God with all our hearts will we be able to love our neighbor as ourselves because then we will love them with His love.

Shalom, Ronda

January 6, 2008

Talking to Bob Cave at Flynn I thought that the alcoholic or narcotics addict deals with frustrations, criticisms, set backs in life by getting high, the rage-aholic does this through symbolic victory. And if AA or NA succeeds does the former addict tend to go to much worse anger problems and maybe we need to have Recovery, Inc. for them.

Joy, joy, joy. A Korean priest wants to make a Korean edition of Kiss from the Cross.

Long talk with Diana. She loved the painting of the Holy Family. Didn't want to even read the locutions but when I read the St. Teresa prayer: nada te turbe...she adored this prayer and made me say it over and over again. She says Mary talks to her also, little comforting sentences. Sense that maybe she and others have to drink

to get in touch with the supernatural. Fr. Ken agreed and mentioned that pagan religions always relied on drink and drugs!!!!!! Well, God brings good out of everything. It helps answer the question why did God make grapes given the horrors of alcoholism.

January 7, 2008

Results

Holy Spirit:

You think of results as direct effects of causes. We think more of radiation of power as in light.

When you don't see results as you try to witness to Our love, you are disappointed. We are not disappointed, because we are sending love to others through you. The light shines through even the darkness in you that makes you so ashamed.

The darkness in you does block those you witness to from accepting you or accepting your concrete plans for them. As it were, they throw away the package, you, and grab what is inside (Our love). All you see is how they reject the package and you feel discouraged. You don't see them in the home in their hearts cherishing the gift.

If this were not true, how could 12 men, who were martyred, "cause" the conversion of peoples throughout the whole world?

I hear the sceptic in you shrugging this off. With the cause and effect mentality, you think this result came more from conquest than from grace. That is the dark side. But, because We are Love, Our rays come into the hearts of all who open to Us no matter what the circumstances.

"I am the light of the world." ()

Jesus, Mary, and Joseph: During Adoration this morning:

Have you noticed that by your own definition that holiness is having nothing in your heart but love, you are many times fulfilling that definition? See, much less anger and fear is in your heart.

Jesus: Remember how I told you my creative project was to make you a saint? Don't you think I can do it?

July 8, 2008

(note, words in parentheses are Ronda's explanations)

Microcosm

Holy Spirit:

We want you to learn how to see the All in the small. This is not pantheism (the theory that all creatures are God) or sentimentality (a fatuous cooing over the sweet) as you might fear.

It has to do with the imago Dei, with omnipresence, with symbols, with ecstatic union.

Think of

- all the notes in a symphony rushing toward the final triumphant chord;
- the kiss of bride and groom at a wedding
- the smile of a baby: the first to be seen by the parents
- each Mass encapsulating every Mass

In the end, when the barriers break down between the religions of the world, all will become one, not in some false blurring synthesis, but in a mighty ecstatic union where the partial will rush toward the full.

Hilarious senior moment or from the sublime to the ridiculous: I rarely have my glasses on when I brush my teeth, but when I typed up this locution I still had them on when I went to brush my teeth. The dentures looked their usual lovely selves, but the last 7 orphaned real bottom teeth are turning black!

Happily the dentist can get me in this week.

I thought during adoration that the locutions as fulfilling the line in the hymn to the Holy Spirit: refreshment in the noonday heat.

July 9, 2008

Convergence

Holy Spirit:

The closer you get to heaven the more earthly division distresses you. You see no way to overcome it whether it be in the realm of the political or the ecclesial. These divisions are long entrenched, coming as they do from real sins of the past.

Healing will come through grace. You can cooperate in making openings for grace by avoiding denunciation in favor of understanding the reasons for the dividing stances.

Imagination can help. Think of small children learning fear and hate as necessary for self-protection. Let yourself notice the unexpected that comes when someone leaps over the division in a gesture of solidarity. Don't you want to be one who, with Our help, can make those kind of leaps?

Start by noticing in yourself the impulses to fear and hate and how they come up in the moment you are thwarted in the smallest goal. Can you see that quietly accepting the jolt to your will and working through the problem for the best solution feels peaceful? It prevents you from hasty, harsh, blame with the retaliation that cements division. Humble forgiveness put you and others on the same plane. And, then, with the same people or similar ones, at another time, there can be a convergence of needs and helps.

It is not a matter of "figuring out," but of releasing it into Our hands and then responding to Our prompts.

"In the world it is impossible, but nothing is impossible for God."

"Blessed be the peacemakers."

Wed. Week II morning Prayer;

**"Lord, as a new day dawns
send the radiance of your light
to shine in our hearts.**

**Make us true to your teaching:
keep us from error and sin.**

**We ask this through our Lord, Jesus Christ, your son,
who lives and reigns with you and the Holy Spirit
one God, forever and ever.**

I sensed early in the morning that the messages would end. I had a fear of "demotion." Then I woke up again and got a sense that Jesus, Mary, Joseph, my angels, and the Holy Spirit were present and then the sense that I am to be doing something new. I thought "the transition community" and toyed with the idea of one on the web, but then Fr. Ken happened to mention how he hates virtual communities.

I went into "inner listening" at Adoration and got this message from the Holy Spirit:

Attraction not Rules

Do you see that since May 12 and the beginning of the locutions God Alone that very unexpected people are getting closer to you and benefiting from the light and love that we are pouring through you?

We want you to be detached from everything but God Alone, working in you through everything holy in the Church. That means detached even from nightly messages or any other people. Floating, as Mary told you.

Then, we want you to let Us, Me, God the Father, Jesus, Mary, Joseph and your angel to tell you what to think, do, and say every moment of the day. And if you should not remember to ask Us and you sin, we will correct you quickly and bring you to repentance.

As we sanctify you in this manner, others will gather around, one on one or in other ways. They will be attracted to Us through you, like the circle around Catherine of Siena and We will use everything you have ever experience, read, and written.

Not tight, with rules, but free-spirited. Each one, no matter what his or her Church or personality will take what will lead them further.

It is not wrong to hope that all become Catholics, but that will come by attraction, for example, to Fr. Ken, not through a program you devise.

For now, listen closely to Us as we speak to you directly and through everyone around you. Above all don't push anything.

July 10, 2008

All during yesterday after that glorious locution I tried speaking to the Heavenly ones more and more and listening for their prompts. It was good. They challenged me gently, about drifting too often over to the e-mail and news webs, for instance and helped me focus more on the words of the Mass and of the liturgy of the hours to make it more my own prayer.

I also wondered if the phrasing of this locution was a little exaggerated in terms of moment by moment attention. But here this morning in the Intercessions for Week II Thursday Morning prayer I read this:

“We thank you, Lord, for enlightening us through your Son

- fill us with his light throughout the day.

Let your wisdom lead us today, Lord

- that we may walk in the newness of life.

**May we bear hardships with courage for your name's sake,
and be generous in serving you.**

DIRECT OUR THOUGHTS, FEELINGS AND ACTIONS THIS DAY

- help us to follow your providential guidance.

And, then, in the reading from St. Ambrose in the Office of Readings for today, 14th week of Ordinary Time, Thursday he says that when Jesus knocks at our door he

goes away unless we are wide awake. “Open to him; he wants to enter, to find his bride waiting and watching.”

July 10, 2008

I awoke during the night with a sense of motherly warmth: my mother’s? Mary’s?
And then came this locution:

Comfort

Holy Spirit:

The word has a ambiguous ring to you. The desire to be comforted can seem babyish, as if refusing the tough challenges of life in work or even sports. Yet the “giving of comfort” always sounds maternal in a positive way.

To prepare you for heaven, then, We simultaneously wean you from too human a need for earthly comforts, and attach you to spiritual comfort.

What is spiritual comfort? It can come from Divine grace pouring into your souls, but it can also come from the hope of Our approval for your righteousness when you chose the good, often at some sacrifice. This comes from Our paternal justice.

From deprivation of human comfort you can become closed or combative. Moderate human comforts are healing of this: good food, drink, the warmth of the sun. Surfeit of comforts makes you sluggish.

All this is part of the drama of life. Part of heaven will be to know how it all worked. Will you let the richness of all these elements of life give you hope?

“We now see through a glass darkly.”

July 11, 2008

Security

Holy Spirit:

There is a good security. Think of “the house built on good foundations,” being with people you trust because they are honest and responsible; sound investments, hard earned savings.

This is good, but there is something better: the security of being saved by God’s all understanding love. In this sense mercy is safer than justice, for “who can ransom his own soul?” even with piles of merit?

St. Francis of Assisi called death “sister death.” He understood death as a sort of trampoline to help you leap from your temporal securities into the security of

God the Father's waiting arms. Judgment there will be, but no longer on your own fallible terms.

So much of the gospel is about letting go of earthly security, the stocking up of barns for a non-existent future.

Come! Let yourself be saved.

July 12, 2008

Insight

Holy Spirit:

Beware of circling around stale self-justifying thoughts. Such repetition is very different from the wholesome cycle of nature or the rhythm of daily activities which brings peace.

Insight comes when you let the rays of Trinitarian light into the darkness of mind that comes with the Fall.

The Gospels are full of parables about such breakthroughs: the Prodigal son; and encounters with real people such as the woman at the well. The Good News According to _____ (your name) could be written about such moments of turning.

In periods when your life is not in crisis, We try to give you insight through watching nature or casual encounters. The sky tells you of the infinite. The pleasure of a supermarket worker helping you find what you are looking for could give you insight into the goodness of inter-dependence. Favorite music lifts you above the tragic: a sign that you are not stuck in frustration but can transcend it.

Simplicity of life should lead to less rush and pressure with more room to receive fresh insight. Even in physical pain, disappointment, or loss, open to the Spirit of Truth for unexpected light.

July 12, 2008

Cultures Blended and Transformed

(Of all the locutions in this series this one seems most like me writing rather than the Holy Spirit. On the other hand it corresponds in many ways to the reading at the Mass for the 15th Sunday in Ordinary time which followed the locution and, of course, some of the ideas which seem like summaries of my own previous reflections on life could themselves have been inspired by the Holy Spirit. You can just take whatever you think is true and ruminate on it.)

Holy Spirit:

You can rightly bemoan the violence of the history of peoples; of conquest; the blood of battle; the enslavement of peoples.

How do We bring good out of all those sins that exploded out of the initial rupture of the peace of Eden?

You can see this good in the fact of the tilma of Our Lady of Guadalupe (this is the miraculous and beautiful imprint of Mary's face on the robe of a Mexican during the time of the conquistadores which led to the conversion of millions of Mexicans) It is a noble, sorrowful, native face, yet she also appears as the transformation of Spanish culture. The craving for gold is transmuted into the prophesied gold of Revelation in the image of the woman clothed with the sun.

Can you see in the portrait of St. Paul in the Scripture the blending of the fierce Jewish obedience to God with the Roman vision of universality?

In United States culture out of the tragedy of slavery you see coming forth the Afro-American mode of love for Jesus which you hear in passionate gospel music. Now with the waves of immigration you can see out of intense survival needs coming forth a fiery expression of desperation and gratitude for salvation penetrating the perennial universal (Catholic means universal) more serene rituals.

We don't will for you the miseries of evil in the tangled effects from the paths you took when you chose to listen to the Evil One rather than walk with your Father in the garden.

It is from all of that tragedy that you are to be redeemed, saved and a sign of redemption is the transfiguration of each people. Violence is a foretaste of hell; beauty a foretaste of heaven.

(Later, when I was "arguing" with the Holy Spirit that this all sounded too blunt, with not enough sense of the mystery of suffering that we can not understand and can only accept because of the gift of faith, He seemed to add this example: the devil leads people to abortion, but the souls of the babies go into the lap of Mary.)

Visit of Mary Rose, July 13, 2008:

July 13, 2008

Present: Jesus, Mary, Angels, Tobias, later St. Joseph

Mary Rose: It is very difficult, Mother, to be in this world and not feel the structure of its limitations.

Mary: Why do you think we have given you the gift to see higher, so that you may focus on the lower? No. Keep your heart set on God. Keep your hope firmly fixed in

the light of what you see in us, what you know to be true. Others will follow and see but you must believe that all is necessary.

Mary Rose: Thank you, Mother. What should I be working on now?

Mary: Compassion, compassion, compassion for yourself. Be very careful about the way you treat your body in the next few months. Be sincere about your motivations and intentions.

Mary Rose: Is there anything to be worried about?

Mary: We are pushing and stretching you and this will continue intensely for a little while, all a part of the journey to the soul.

Ronda to Jesus, Mary and Joseph: Is there anything you want to say to me in preparation for my widow retreat?

Jesus: This is a very special time between now and the coming year. Many, many will receive greater chances to open up. We encourage you all to speak lovingly, gently, and calmly about the changes. So many are still unaware that we are at work changing and healing the hearts of men.

Mary Rose: How is she to communicate that?

Jesus: You can communicate about the transition as being about personal transformation, but the reason we are bringing more importance to this Transition is because this is a transformation of all human kind. We want you to make a collective step forward in your spiritual awakenings.

Ronda to Jesus: I am reaching some through the webs but not that many. Is there something else I should be trying?

Jesus: In the company of women for your retreat you have this opportunity to personally interact. Great is the rift between the heart and the ego in most people. While some are easily reached through one means, others need more direct intervention. Hence we have been awakening more and more people to receive our messages. Can you imagine how you will react when you see Me, touch Me? So imagine others who have not been working as you have worked, who are not aware of our efforts to dig deeper and to help excavate you out of darkness. It would be too much for them without some kind of pep talk. So you are a way “show-er” for them who want to hear. There is more than one right way to express this.

Mary Rose: I sense in the ground and the trees a big umph where they want us to let our baggage go so we can make the leap of faith toward home. I feel that I want to make the jump.

Ronda: Push for radio? TV?

Jesus: Probably the most sensitive way to make it known is to talk about the changes that you are witnessing, bring evidence, the fruits of our labor.

Mary Rose: The dark forces are trying to block this. It is more than grass roots, but Jesus doesn't want it to be Hollywoodized: in your face!

Jesus: We are doing a lot more than humans can perceive, but it won't be long before the word is out in the open.

Ronda: "Behold the handmaids of the Lord. Be it done unto us according to Your will."

Jesus: Don't let the dark dampen your hope even for a moment for we will dine together.

Mary Rose: People must decide on their own free will. It is a transition also for the animals.

I am not including the transcript of the locutions Mary Rose had for a visiting friend in toto but here are some of the words of universal meaning:

B., a friend, comes. (As I, Ronda, was told not to record the sessions with individual healings, I am only putting here the instructions to B. of a presence called Clare, described by Mary Rose as a blond nun saint, taller than Mary Rose, very young, maybe 13 – Ronda couldn't find her in Butler – she is wearing an apron and Mary Rose sees her in a cold climate – she thought maybe Switzerland)

The instructions of Clare to B. about dealing with strong upsetting emotions were that she should take these steps, which I, Ronda, thought could be applied to anyone, including me, so I have included them here.

- 1. Observe. Step out of the fire.**
- 2. Have compassion for yourself and say to yourself: "Oh, how human of me."**
- 3. Practice self-awareness. Notice where in the body the emotion is. This helps you be present to the emotion and prevents the emotion from harming the body.**

She told B. that the body should not be a Tupperware dish for anger. See yourself, instead, as perfect and whole and clear. It doesn't matter if others lack this clarity. You don't need to let them hurt you. The other is the flame you must detach from. This is setting boundaries. You can do this in prayer. Be aware that we are here to work on you to help you love yourself as we love you. Mary said we love you, we love you, we love you. Drop utensils for debating and defending when in conflict and express your feeling of discomfort or say "I'll take that into consideration." Soften.

Mary Rose saw the light from the presences grow bigger when B. and I were in conflict. Mary tells us to go into her heart. Clare tells B. that it is imperative that she learn about who she is in God's perspective and to notice opportunities they send for using the steps she recommended. Sometimes, with your permission, we provoke anger in order to fuel your desire to change. Don't judge yourself for an emotion, just observe where the emotion is coming from.

Toward the end of the visit I, Ronda, was chaffing at the fact that the conversation was continuing between Mary Rose, myself and the visitor without reference to the heavenly presences. Mary and Joseph said: A lot of things can take place without words. We are with you even outside of our lessons. So don't fear that in fellowship you are ignoring us. We will contribute as much as possible but there is another benefit to fellowship and that is that humans are more likely to share with other humans than with us who are unseen.

July 14, 2008

Perhaps from being immersed in reading about the 12 Steps and also transcribing Mary Rose's locutions which emphasize a time of spiritual awakening, the locution of this early morning came in this form. Ruth Ballard, my icon-writing friend and Secular Carmelite, who is very mystical in her prayer, however, thought this locution was directed instead to Dedicated Widows of the Holy Family as part of the spirituality we should have.

10 Signs of Awakening

The Holy Spirit:

- 1. We desired greater closeness to God but knew we could not bring this about by ourselves.**
- 2. We became aware that God wished to be closer to us in the innermost recesses of our heart.**
- 3. We sensed, saw, or heard, God breaking through the barriers in us of sin, routine, and fear.**
- 4. We found the Holy Spirit's presence more strongly reaching out to us in our individual and group prayer; in the liturgy, and in communion and reconciliation; to comfort and guide us.**
- 5. We perceived Jesus, more and more, in the suffering hearts of others: those close to us and those less known. This gave us fresh impetus to try to overcome injustices, of small and larger scale.**

6. We found mercy in the kindness and goodness in the hearts of others for ourselves.
7. We saw God's hand more clearly in the beauty in nature, in human inventiveness, and in the arts.
8. We felt the embrace of Jesus and Mary in our worst physical and emotional pain. This enabled us better to forgive others and ourselves.
9. We believed and hoped more strongly, in spite of all our weaknesses and evils, in God's plan of love for the present and for eternity.
10. We experienced our beings expanding with greater joy, peace, trust, gratitude and love.

FR. KEN VERY GRACIOUSLY AGREED TO GIVE US A RETREAT FOR WIDOWS. DURING THIS RETREAT I WROTE DOWN RESPONSES TO FR. KEN'S TEACHINGS AND ALSO WENT THROUGH LOTS OF PREVIOUS LOCUTIONS AND OTHER NOTES TO CULL OUT THE MOST IMPORTANT FOR ME. I HAVE THEM OUTLINED ON A FILE FOLDER PAGE TO KEEP IN MY ORATORY BUT ALSO I WANT TO PUT IN HERE THE REFLECTIONS I HAD ON THESE TRUTHS DURING THE RETREAT.

HERE ARE THESE REFLECTIONS:

On the topic "walking more intimately with Jesus," Fr. Ken referred us to the road to Emmaus and asked us to think about what prevented each of us from seeing Jesus. I thought "If I saw Him visually I could not do anything else and He wants me to do other things, at least hithertofore. I liked how Fr. Ken emphasized that the greatest intimacy with Jesus is not through imagination but in the Eucharist as they found out at Emmaus.

On "letting go but staying bonded," Fr. Ken emphasized the way the liturgy for the dead is so much deeper than making it into a celebration of life. The liturgy is about bonding with the spiritual reality of the person who died.

He talked about how embalming can help us see how the person who died looked before the ravages of old age and awful illnesses such as Alzheimers.

On Life-Style for Widows I was looking for advice on dealing with choices but Fr. Ken emphasized more simply being a Christian and how that involves contemplation and ministry. He was happy that our tiny group could be a mirror in our times of the early Church's Order of Widows who sat together at the Liturgy. It was helpful to me that he thought that for most of us the old archetype of the old widow living in the bosom of the extended family just didn't fit any more. Still not everything has to be a big crisis. He thought that we should realize that chaos in our

families is not the same as perdition. We should be aware that our need for security can cause difficulties for our adult children in terms of wanting to control them. If they are doing well we think we have more security. He thought that some of our fears for them can come a bit from prideful ego.

Refreshing our Spiritual Life – the last topic included surprising challenges to be kinder to our bodies, to refresh the body through exercise, for example.

Reflecting on previous locutions from God Alone:

I was told to cultivate greater lightness. I went into the chapel and danced around just lifting my hands and walking. I thought I could do this physically but also do it as an image in my mind when I am feeling burdened.

Jesus, Mary and Joseph said: anything you think about or plan that makes you disturbed and fearful, let go of it and let it come to you if it will but don't plan it, just because it is exciting in some way.

It felt very good to see the other widows sitting quietly in the retreat room doing lectio divina.

Jesus, Mary and Joseph said they wanted to be my best friends. Maybe they will give me a woman friend to match Fr. Ken as my best male friend here, but I don't need to worry about this. I am hoping Gen, my other dedicated widow, will be that friend, but this will be slow because she is essentially a loner and I am a twin.

About Mother Mary as my friend I realized that she was when on earth surrounded by uncontrolled passionate women. She tells me that she tried to bring them trust and peace as she is trying to give that to me.

I asked the Holy Spirit to give me greater insight into the pain of others so I can be closer to them. I think it is not just a matter of cultural difference that makes me not understand others very well but also being too self-absorbed or taken up with my projects.

The Holy Spirit told me that when I enter into a place where others are I could ask Him to show me their pain.

Mother Mary seemed to tell me: you are so funny, Ronda, with all your lists. How do you think I got by without them? I understand that it was because your birth home was so emotionally chaotic that you like order and lists so much, but that is really exterior. Your heart is still often turbulent and anxious in spite of the lists! Gradually we will free you from the compulsion of the lists, but for now we leave them for the relative security they give you. Laughing at is a step toward greater freedom of spirit.

Mother Mary also told me that I was created to be an idea person and that was good but that the shadow side, as Jungians would call it, is this feverish mental activity. It is okay to write down these ideas as they come but then let go of them and give yourself to the theme of the now.

St. Joseph said to avoid the burden of expectations. I thought “one day at a time” is very good for those like me who want to plan obsessively.

I realized during a glitch in the middle of the retreat where I thought my computer died that I don't really want to live without it. The connection with people all over, friends and readers, helps me stay in one place without traveling which is too hard on me at this age.

Reflecting on a locution about how the burdens people have can lead them to love helped me get out of the feeling I have to fix everyone, such as by persuading them to do communal farming to avoid the consequences of the depression we are in.

Mary said “I had to see so much that was tragically awry. When you see something that isn't working you can say something, but don't push. Failure to connect between people may lead them to come to us. You, too, are disappointing to others and we fill the gap. Offer your pain for the person you feel is not being treated right.

Mother Mary urged me to realize that as I age I will need more comforts such as daily baths vs. every other day or more relaxation.

Jesus, Mary and Joseph seemed to want to tell me that at my age I have no obligations and therefore should do everything cheerfully.

Worrying about certain differences between some widows and myself, Fr. Ken advised that I could try for the impossible – exact replicas of the best in me and then try to coerce them into doing it my way – or accept some amount of difference. Of course I want to do the latter.

I asked Mother Mary to help me see, for instance, how home-making women would feel differently about a house vs. an apartment than women like me raised in apartments and more interested in the work-site often than in making my own home a reflection of love.

Mother Mary seemed to suggest that they had given me the gift of simplicity and most other widows the gift of hospitality. “If all of your widows have hospitality of heart for each other you will not feel threatened by the differences. Nada te espante...”

July 15, 2008

(This locution seemingly from the Holy Spirit came in a particular context. I was hearing about the theory some have that a friend of mine with supernatural gifts is just mentally ill. In the same time period an allusion by Fr. Ken in a talk at our widow's retreat to the imaginary friends some children believe they are talking to seemed as if it could be a suggestion that my locutions are the same kind of thing. This led to a small crisis for me about the nature of my locutions. I awoke in the middle of the night with many questions and this locution seemed like an answer, on a much deeper level than my personal doubts.)

“Nothing ventured, nothing gained.”

Holy Spirit:

Jesus warned you about hoarding; about a false sense of security for those who take no risks. Because He was the “Way, the Truth and the Life” He asked his children, his followers, to risk even death on a cross for a heaven they could not see.

In spite of the evidence of the miracles, many followers, even the closest, chose flight over the risk of crucifixion. Can you blame them?

At certain moments in each of your lives you come to a crossroads where the price of faith seems too great; everything to gain by being a spectator instead of a player...or so it can seem.

How often Jesus chided the people for their lack of faith. This would be cruel unless He, Himself, had given them the evidence to make the leap.

Whose hands are dragging you back to the safety of skepticism? Whose hands are waving to you from a better place on high?

(I thought of St. Paul – first totally skeptical to the point of persecuting and arranging for the death of Christians, but then converted by a vision only he saw.)

I mentioned to Fr. Ken that his remarks about imaginary friendships of children gave me a miserable night of doubt thinking that all these messages could be as silly, if touching, as the imaginary friendships of children are. He laughed immediately and denied any such reference to me in his analogy. When I talked to the Jesus, Mary and Joseph about the whole episode they seemed to say that they allowed me to have these painful doubts so I would be closer to Mary Rose's heart as she goes through having to have members of her family think her visions and locutions are a sign of mental illness.

July 16, 2008

1,2,3, Go!

Holy Spirit:

At a race or a performance, you train and train and train and then it is upon you and you have to let go of everything else and rush into the act.

We want you now to be decisively focused, not on a physical feat but for loving response. That is what poverty of spirit is about. Only when you are empty of your self-protective calculations can we fill you with Our energies of love.

But it is not as if you were a mere instrument or machine. It is precisely through your natural, freely responding personality that We want to work.

- **Think of a mother singing to her babe.**
- **Think of a carpenter smoothing a piece of wood.**
- **Think of St. Peter looking at the fish in the net and envisaging them as the men Jesus told him he would catch for the kingdom.**

Think of the people you call holy. Don't you feel in them this readiness to respond? Yet they are not tense, just truly present and in their eyes you see their love.

It is all right if these words make you feel inadequate. That should lead you the more to welcome Us in prayer.

Ronda's thought about this: of course even the people I think are holy there are times when they are not in this focused mode and they are subject to whatever is yet untransformed in their personalities. I have to forgive and accept this discordance. It should cause in me not dismay but compassionate prayer.

The Holy Spirit seems to be gently chiding me. are you too busy being My scribe to rejoice in this mode of communication so suited to your philosophical nature?

July 17, 2008

Watching and Waiting

Holy Spirit:

In the light you see beautiful qualities in each other. These you want to embrace that you might have them always with you.

Shortly afterwards the shadows fall over the image and you see only what is dark, closed in, finally a mere outline. From this vision, dismayed, you recoil; reject.

How can human love be steadfast if that is the only cycle? Who can survive such scrutiny? It would seem that only inertia would keep any of you together.

Is our Christian call to love, then, no more than a pathetic fantasy?

That would be to think only the perfect is real. That is one way of transcendence; one form of “God Alone is Enough.” The disciples wanted to stay on top of the mountain with the transfigured Jesus, never to return to the city.

Another way to understand God Alone is Enough, that We wish for you, is to cherish the sparks of the beautiful divine you see in each other and forgive the limitations and betrayals. Then, wait for your mercy for them and theirs for you to show you a redeemed goodness. That We call the coming of the kingdom, the transition. When God Alone is Enough you can love each other with tenderness instead of thirst.

More Insights from Fr. Ken in Retreat for Widows (July 14 – 17)

“Walking more Intimately with Jesus” He asked us what obstacles bad or good might stand in the way. Sometimes when I feel very physically tired I think that I would be better off dropping all ministries and becoming a total contemplative. But when I prayed about the obstacles it seemed to me that it was not the ministries but being preoccupied by them in an anxious way. I went through the whole list of them and seemed to hear in my heart Jesus, Mary, and Joseph telling me how to do them a bit differently:

- **Writers: don’t push anyone to write more or send out queries. Make a suggestion once and then let go of it. Don’t push for greater friendship than comes naturally. Accept what might make it hard for each of them to come closer.**
- **RCIA: Say as little as possible. Offer up, for the future Catholics and returning Catholics, having to wait now to see how my role will unfold.**
- **Flynn, Recovery, Inc. See how Laurel does in August. If Roland continues bring it to a Church room.**
- **2x2 Pray and work out a plan with Ron when he returns**
- **Philosophy Club – after metaphysics offer Person. Fall do talks on M/F and Conscience.**
- **Gen: very gentle and Marian**
- **Charismatic: respond to their needs.**
- **Family: Lighten up. Have fun. Leave if you start to feel depressed.**

- **Mary Rose: Don't push or try to make her a daughter. Deeply listen to the messages given through her.**

Mary: Often what you say is unnecessary and can be critical. This is worse than small talk. Think before each thing you plan to say: "Is this for the good?" "who will be helped by this remark." Practice this during the retreat.

Holy Spirit: Being an extreme of not planning, like being an extreme planner, can become unloving. Very gently you need to call others on this because otherwise you can come to resent them and not be able to keep the friendship.

Jesus, Mary and Joseph: concerning counting up those who hit the Transition web site: as a speaker and teacher you are used to speaking a truth and reaching many, but these locutions are too personal for that approach. Only the loved heart opens its flower to the rain of grace. You can not expand your own heart. Let us expand your heart in prayer and then you will be able to bring the Transition heart to heart.

I asked Mary to be my guide in helping me to "just be" as she recommends and to "be with creation." Mary seemed to say: "You're my "funny," just as the cats are your "funny."

July 18, 2008

Transparency

Holy Spirit:

(During the Retreat Fr. Ken said that a spiritual master used to give this method of following the injunction in the New Testament to pray constantly. Here is a paraphrase: in every minute take one second to lift your heart to God; in every hour take a minute to lift your heart to God; in every day take an hour to lift your heart to God; in every week take a day to lift your heart to God; in every year take a week to lift your heart to God. I snapped back with "so, do you actually do this, Fr. Ken?" I thought he would say something funny in reply but he looked at us with the same absolutely solemn expression he has at Mass and said. Yes, more or less.)

You humans develop a teasing and self-deprecating banter to cover your jockeying for power or your shy fear of rejection.

All the more, how beautiful it is when We succeed in overcoming all that to make openings between you where, unexpectedly, there it is: the voice, the eyes, simply revealing your deepest selves. That is what was meant when we taught you that you must be vulnerable to be able to heal.

Such transparency happens. It is grace. You cannot make it happen. It is a foretaste of heaven where there will be no concealment and there will be no reason to fear.

Can you imagine the power that was in the transparent contact when Jesus looked at a person directly in the eyes before performing a miracle, or when He said “It is ‘I’”?

Great artists know how to convey that focused transparency when they paint the holy face.

Look and learn!

July 19, 2008

In His Footsteps

(I have a grandson, Nicholas, who looks a lot like Jim Carviele as Jesus in The Passion. It happened Nicholas was staggering under the weight of a large couch he was dragging from the back of his van. His body assumed the posture of Jesus carrying His cross.)

Holy Spirit:

You make the Stations of the Cross as a devotion often with contemporary words to relate them to your own lives. Still you do not always see that you are treading in the footsteps of Jesus when it is your own suffering:

- **the agony of impending physical or emotional pain;**
- **the being under the will of powerful strangers;**
- **the horror of submitting to unjust judgment;**
- **present inescapable pain;**
- **the falling from a status of popular acclaim to being an object of criticism or ridicule;**
- **the finality of loss by death, literal or figurative.**

Of a sudden We help you identify with Him on this bloody road. For a second you see that you are not alone.

If you stay with that identification, you can become a true Christian. Then you will feel also in your own bones many resurrections.

Beauty of world youth day in Sydney Australia seen on EWTN – sacred dance, aboriginal procession with masks, Way of the Cross, all the international prayers and how Pope Benedict went to the addicts rehab and commended them for their courage and told them how they can reach others like them better than anyone.

July 20, 2008

Comfort at the Core

Holy Spirit:

In the body/soul unity of your personhood, you find both physical and emotional comfort through the assuagement of your needs, when you are warm and fed and also feel safe. We usually have you grow in the shelter of the family.

We lead some saints to toss aside such physical comfort to prove to the human race that there is something greater than “bread alone.” But most of you we lead slowly step by step to enjoy a sense of well-being in the Spirit through music, art, being surrounded by the arms of the Church building. We bring you into the sacraments where mysteriously through the visible you can be saved and comforted by invisible presence.

We wean you from total immersion in physical comforts toward the separation of soul and body at death. Our plan is not for you to feel terrified, but rather by greater and greater union with the Holy Family to be comforted in your souls as you make the transition.

To show you that one day the body will be restored to you transfigured, we give you homey images of Jesus’ resurrected boy cooking fish for His followers and promising them that one day they will find themselves in mansions prepared for them by Him where there will be no more tears.

July 20, 2008

Present initially: Jesus, Aeratus, Angels. Later seemed to come Mary, Joseph and St. Francis of Assisi.

Jesus to all: You see that the infra-structure of the human mind is programmed to accept the things that it sees and the things that it feels as true. It is conditioning. It is not truth. There is more to this picture than you realize. There is always more to love. Even the angels search for love. This conditioning in humans is an illusion of control. It teaches you bad habits and only offers you coping mechanisms rather than cures. Don’t you think that if God put His spirit in you that there would be more to you than what you see? That there would be more to your place in the universe, your relationship with God than what you know? God does not make the rainbow only to love one color. He makes the rainbow so that colors could explore Him and He the colors.

What you consider to be such a big deal is merely a passing experience. It is just experience.

Mary Rose to Ronda: Who would have thought experience would be as interrogating.

Jesus: How else would you really assimilate the lesson and grow. Isn't the baby bird pushed out of the nest sometimes only to learn how to fly and get its wings out just in time?

Ronda: I "hear" Mary saying to you, Mary Rose: "Cling very tightly to me at this time, I who was the perfect "good girl." I have endless compassion for my daughters in their struggles."

Mary Rose: I can feel her and she feels soothing.

Jesus: This is all part of the detachment that you must go through. Detach yourself from false love and emulate the light and hope we send to you and all people.

Ronda to Jesus, Mary and Joseph: Can you give Mary Rose a mantra whenever she feels this desolation.

Mary Rose: St. Francis (of Assisi) is here.

St. Francis: Surrender. Relinquish your desire to understand.

Mary and Jesus: Be gentle with yourself. Let go more. Stop resisting. (I have an image of a boat wrecked at sea and they said 'At least you know how to swim. Now go ashore. Get your pieces together and let's rebuild and get you back out on the water.'

Mary Rose to Ronda: I have this desire to quit trying to do this. I feel this need that I want to be discrete and yet keep them talking to me. (Because she does not want others to judge her as in one of those who came for healing who said that at first she didn't believe her but now she does because she found something on the web that confirmed that nature of one of the presences. She, Mary Rose, felt angry that this woman didn't believe her before. She felt that she is laying out the most precious things in her life and then gets this disbelief from others.)

Ronda to Mary Rose: You had difficulty believing at first, so why wouldn't a newcomer?

Ronda to all the Presences: Do you want her not to continue private healing at this time of crisis in her life because it is too much for her?

Aeratus to Ronda: The little rose must focus on clearing her emotions and mind. She must assimilate the lessons that she has and is learning before we can go any further. She has to believe that what we tell her is true for herself: that what we do in others she easily accepts but what we do in her causes her belief to stumble.

Ronda to Aeratus: Does this mean she isn't to make appointments with me but just come when she feels led?

Aeratus: She needs to stay grounded in her daily life and routines. She must be present. How can you clean up a mess if you are present with it?

Jesus: Be patient.

Mary Rose to Ronda: I am finding it very hard. Usually I don't mind it but now it is challenge. I sense I should stay with coming to you but not bringing other people now.

Ronda to St. Francis: Is this the time to start a more bonded interfaith community here around the Transition?

St. Francis: Let's wait. There are some things that pulled out. We are going to be re-arranging some people.

Ronda: I thought in my head that I am afraid to lose Mary Rose.

Mary seemed to joke with me: "If she leaves you, you will just have us, so what are we chopped liver?"

We took a break.

Jesus: We will talk a little bit of business before the evening is over. For two little mystics sitting at a table in the middle of the world full of people, it is important to remind yourselves how much We love you, how much we are trying to reach you and the others. Naturally by default of the human system you can not understand the scope of what we are trying to do.

The world is changing, we need you to be aware of how this change is working in your lives and in the lives around you but also in the life of the planet like the grace, trees, flowers, the animals.

In the coming months we plan to increase the push for change. We have set up intentions to bring the earth back into alignment with the spirit of God inside each human being. But, if you think about it, think about how much garbage each person carries with him every day. (He means mental brokenness). Now think about how much garbage fills the rivers, the landfills, forests, the oceans. This is not easy to clean up. So, we are increasing the light on your planet.

So, what does this mean for you? It means you need to take responsibility for what role you want to play in this transition. Let Me help you make the decision. If you resist and hold onto your old habits and ways the light will cause you to feel insane. If you choose and ask for our help to be a part of the change, then you will be pushed to accept more and more of your own light which comes from God.

Either path will meet with some struggle, but it is our hope and our call to each of you to remember what we are offering. It is a new Garden of Eden, only this time there won't be an apple tree because you have already suffered that lesson.

Come, walk with us; be with us and let us learn about love together.

We need you to be awake and aware so that you can help the others when there time comes.

(Mary's eyes are awfully bright, glistening light filled blue. She looks a little older.)

Ronda to Jesus: I have difficulty thinking that there could be a Garden of Eden soon with the abortion clinics and wars that seemingly will not cease very soon.

Jesus: Aye, daughter. These are dark things. Poor decisions, but we are working to stop these. We are trying to change the hearts of men. Part of the way that we can get people to understand is by showing them or using analogies to refocus their thoughts; their desires. So the Garden of Eden is meant to be a way to focus them on something they want that is good and wholesome so they will want it; be willing to work for it.

Also be aware that there is a lot that is happening in these dark places that doesn't make the news; doesn't get spread into the ears of men. There are angels there working hard to shed light on these areas that are deeply oppressed by the dark.

What I started when I came was a new way to be with God; a new way to know love. That example still stands but it needed time to circulate and coming quickly is the time for it to bear fruit.

Ronda to Mary Rose: Like World Youth Day.

Mary Rose: I have read that for years now people have been silently but vigilantly praying for peace, for change. It seems that's what is coming. I feel energized by this message from Jesus. It is encouraging. I like the way He expresses His sincerity.

Jesus: All will be well.

Mary nods her head.

Jesus: Be on the look out for those changes in your life and around you. Stay centered in the love we have for you and the light of God that exists in each and every one of you.

July 21, 2008

“The Twinkling of an Eye”

Holy Spirit:

We give you enough of a view of the distant shore so that you will be willing to pull with your oars toward the goal. You are often so tired that all you want is to give up. We understand. Can you see that these messages are a glimpse of the shoreline?

Of course, tired sailors have to pace themselves. When you over-exert yourselves you are more likely to collapse. Pace ourselves means often resting your oars and gazing at the short. You do that when you stop to pray even for an instant. We value such prayer more than you do. We want you to receive our encouragement as a sportsman turns for a moment in the direction of the coach.

Do you really believe in the words of the great champion, St. Paul, that one day all will be changed in the twinkling of an eye? Would we give you “a stone instead of a fish?”

It will help you to sing as you row. If you listen up you will hear Us singing with you.

July 22, 2008

(This locution seems related to an incident of conflict I had with a close friend.)

Impasse

Holy Spirit:

The natural way in battle is fight or flight. It is perilous to transport that pattern into spiritual warfare.

You are to “fight the good fight” () and sometimes flee shaking the dust off your feet. But these responses to evils must be taken up first into your more basic goal of following the way of Jesus. That way has love at its center: not revenge or earthly survival.

On the night before the crucifixion Peter tried to draw his sword to defend Jesus. Jesus said no. Then Peter fled. John and Mary and Mary Magdalene and others chose neither fight nor flight but to stand under the cross.

Situations arise where you are brought to a standstill. You are at an impasse where the desire to fight or flee are in such conflict that you don’t know which to choose. Do not act out of rage or fear. Cry out to Us so we can show you if there is

another way that is better. Listen to the advice of holy friends. Then commend yourself to Us and act with confidence that we will bring good out of your decision.

Later I had this image about the friend I was in conflict with: I saw him stretched on a cross with either side of the Church stretching his hands and nailing them to the cross. As it were, the worldliness on one side and the judgmental on the other. Also that he, in a sense, doesn't want to let go of obedience to the law, so as not to be flung to the world, but he doesn't want to be nailed to the judgmental side either.

July 23, 2008

Standing Your Ground Under the Cross

Holy Spirit:

When in a conflict between two goods, you would like Our guidance to be a simple affirmation of your own greatest leaning. (I think the Holy Spirit wanted me to relate what follows to choices in my mind of fight or flight in a particular conflict situation).

Often you see the choice as between two extremes such as fight or flight. You add up the fantasized satisfactions of either course. You might not even think of trying instead for the cross of love and trusting that We will bring good out of the pain for all concerned.

Jesus said "keep them in the word, but not of the world." To be kept "in the world" is a counter to the desire to flee from conflict. To be kept from being "of the world" is a counter to fighting as in pitting your natural strength against that of others.

When you come to Us for guidance, then, try not to be self-protective but to be wide open for the way of love. In conflict standing your ground under the cross might be avoiding hasty judgment in favor of deep listening.

The message Mary Rose got for me from Jesus is beautifully compatible with the above:

Words for Ronda:

July 23, 2008

Trust is always a struggle with humans. Even those who seek Me have to work on trust. Be aware that you cannot see the truth in what is often occurring in politics. While we are working to make their hearts clean and intentions pure there is great strife in the souls of your government. Opinions on these people are best kept as that, just opinions. When these issues begin to separate and divide people who I have asked to cooperate, then it allows the darkness to grow.

When I walked among you I sought to reunite you all with the God of all. I held to perfect standards the will of God for all to see the truth of this. Any conflict that was discussed by my disciples I answered with love, with a gentle reminder to forgive and bring the differences forward in love to each other. Which is more valuable being right or being love? Do not quarrel amongst yourselves but work in love with your differences.

At adoration during this time of conflict once I got an interior vision of just the letter AMDG - that is an abbreviation of the Latin for "all for the glory of God"

I also got a humorous message from Jesus, Mary and Joseph: "It is a sort of race for us to get you more deep into our hearts so you won't have to leave everywhere when someone disappoints you!"

July 24, 2008

"Everything Passes."

Holy Spirit:

(This locution makes constant reference to the poem of St. Teresa which is the frontispiece of this series: **"May nothing disturb you. May nothing astonish you. Everything passes. God does not go away. Patience can attain anything. He who has God within, does not lack anything. God alone is sufficient"**)

You think you have let go of everything but "God alone" but at the threat of any change for the worst you become frantic "troubled and astonished," You want to cling to what you know. When it eludes your grasp you have a choice: despair or trust.

We allow that pain of real or seeming loss to replace earthly possession with spiritual possession. "God is enough" because the source and depth of everything is in God.

Do you see how it is all in the Gospels? Mary Magdalene wants to hold onto the resurrection Christ but he tells her "do not cling to me, I have not yet ascended to the Father." He tells the disciples they cannot cling to Him but He will not leave them orphans. They must be open to the Jesus they will find through Me, the Holy Spirit.

At the fear of loss you beg Us for help. You may feel ashamed to be so needy; to want so desperately to possess. We tell you to look upward where your treasure is ascending. We promise that if you "seek first the kingdom of heaven, all things will be added unto you."

At Adoration doing my inner listening Jesus, Mary and Joseph and my angel seemed to say "don't talk it up even in your head. Pray the Jesus prayer for you and him over and over until it is resolved."

July 25, 2008

Then I got this overarching great locution from the Holy Spirit:

“Thy Will be Done!”

Your underlying motive for doing what is good can sometimes be to please others. Their pleasure in you makes you feel secure, that you won't lose them.

It doesn't work. Why not? You are not a clone or a slave. There are limits on how well you can meet every need and desire of another human. On the positive side, your own personhood seeks freedom to develop independently. Another person can reject you whenever you act not as a clone or as a slave. Then you feel devastated, cast out of relationship into a void.

When you say the Lord's prayer: “Thy will be done,” and mean it, you break-through the dismal cycle of dependence on human affirmation. You seek a higher motive for your acts.

Jesus certainly didn't please the powers of His time! In His human nature He had to be willing to accept the total rejection of most men to fulfill the will of His Father in heaven. It is because He knew Him so intimately as His Father that He could accept being crucified by men.

Do you see how the phrase in the prayer “Thy will be done” comes as a result of the first line “Our Father.” It is not a formula. It's a reality. Through sacraments and prayer you become truly one with the Father. Then you have the strength to act out of the knowledge of being totally loved. More and more you are doing the will of the Father. You don't have to look around all the time to see if you are pleasing the people around you.

The first steps may be understanding this truth. That can happen in an instant. Only gradually, however, can We heal your hearts of the wounds of failed attempts at trying to find security in human love.

As this process continues, look at every choice you make and ask Us to help you answer questions such as these:

- Is this act good in itself?**
- Am I doing it primarily because of its goodness (Thy will) or only to please a human? (How do you know? There are different ways but one way to see is whether if human approval is lessened or removed do you still want to do it.)**

Then ask Us to give you wisdom and prudence and fortitude to carry out Our will. Accept that when you throw yourself whole-heartedly into what you think

is God's will you may be rejected or the work may be stopped by opponents or just circumstances.

(Today the conflict with the close friend was resolved with mutual forgiveness. Thanks be to Jesus, Mary, Joseph, God the Father, the Holy Spirit and our angels. But I still felt kind of shattered and exhausted by it. This locution seemed as if the Holy Spirit was trying to bring truth out of it.)

July 26, 2008

Turbulence

Holy Spirit:

It is hard for Us to keep you on the right path when you let your emotions run riot. You may enjoy emotional excitement, even when there is a lots of pain. It can seem preferable to the seeming monotony of quiet routines.

The price of turbulence, though, is exhaustion, and often hurt feelings.

We want, instead, to bring you into a state of vibrant receptivity. Open to Our presence. Let Us into the turmoil of your racing stream of thoughts and passions to calm the storm. In this way We will be more and more a buffer zone between you and those around you.

Instead of waiting to let Us in until you are desperate, let Us abide in you in a more constant way. Then, instead of nervous explosions, your words and actions will have the focus of love.

A dear spiritual friend who is a director of souls when I wrote her about my conflict with the friend mentioned above had this very telling advice:

“Continue to trust the connection and give the other space until there can be real forgiveness rather than a dutiful formality. Your anger could have crowded or tried to control the “other’s space,” or values or style. Don’t torment yourself about having bursts of anger around what you value highly. Remember as a twin you are programmed to need mirroring. You are also in a very vulnerable position living alone.”

Horrible insight: all my life have I been bribing and then when that doesn't work, blackmailing, people psychologically to make them fulfill my psychological needs? (Reading this again in September to edit it I realize it is exaggerated. I very warmly like to affirm people and sometimes I am also right in a conflict not just operating out of psychological needs, but still it was good to confess the bad part.)

When I brought this to confession Fr. Ken smiled and summed it up as “The carrot and the stick.” He agreed with me that deep quiet prayer should help those psychological needs to become less acute.

I passed by Flynn House, the group home for those struggling to overcome addictions to check out an arrangement for Sunday. Spontaneously I asked if a woman visitor I knew and any of the residents wanted to come to the charismatic prayer meeting. They were going to 12 Step but the woman and her black male friend agreed to come for a little while to see. In spite of not understanding Spanish they got into the presence of the Holy Spirit very quickly and entered into heartfelt prayer through the music. It was beautiful to see their deep need for God expressed in each one's individual bodily expression. The woman started off moving in a sensual way to the rhythms of the electric guitars, but then gradually started opening her arms upward. The man went from clapping of hands to cupping his head in his hands, to stretching his body forward and upward.

In the locution during the night I experienced the Holy Spirit showing me the truths underlying these manifestations.

July 27, 2008

“Out of the Depths I Cry....(Psalm _____)”

Holy Spirit:

A baby wails out of need for milk. There is a victory yell in sport. The lament for lost love is another kind of cry. There are cries of joy in song.

The words of prayers you may mumble usually become a cry when your need is deep.

Self-control is a virtue when it keeps you from trying to fulfill your passions through bad choices. But self-control becomes distorted when it covers weakness by a show of invulnerability.

The Devil wants you to suppress the cry from the depth as weakness. He also wants you to cast aside discipline in letting wild passions free. Or, in fear of debilitating weakness or wildness, he would have you become tight-lipped and emotionless.

Out of the depth I cry....to **You** I lift up my soul.” “Deep cries unto deep.”
The way *out* of the impasse is *up*.

We promise to assuage your deepest needs in ways you cannot foresee. In faith, cry out from the depth of your need.

July 27, 2008

Present: Jesus, Mary in Red, Aeratus, and a scholar wearing robes and a scholar's cap. Later we became convinced this was St. Thomas Aquinas!

Jesus to us:

Hold no attachment to any of the things that move toward and around you.

Jesus to Mary Rose:

There is a new thing that you should bring to your awareness a little more consistently: (These are directed to Mary Rose specifically but I am retaining the part that might pertain to me as well.)

- 1) your desire for isolation (this part is omitted as pertaining only to Mary Rose)**
- 2) your balance between feminine and masculine**
- 3) the balance of two worlds.**

You struggle with self-identity. You are an aggressive woman driven to succeed in all aspects of your life. But how do you define success? By human standards or by God's standards? Be careful that you don't place your personality before your soul. When you come from a place of spirit you will not find that you are just woman or man but you are both. This is your first and most important attribute. We need others to see how humans can operate from the wholeness of soul when the soul was created by God.

Mary Rose: Pretty daunting. But I am human and I am a woman.

Jesus:

Yes and you're going about being a man the whole time! We want you to bring in balance the attributes of both male and female because that is wholeness. True it's not the whole picture, but it is the first step in wholeness that humans must make. No longer do we wish you to view yourselves as polar beings, but rather as spiritual beings that carry the light of God that carry the Christ-light.

Mary Rose: How am I supposed to do this? How am I supposed to forget? How am I supposed to be both.

Jesus: Drop your personality. Drop your expectations and incorporate spirit more in your day to day lives.

Mary: Of course you know what this lesson is all about. It is about learning to love yourself as God loves you because He loves you completely. He loves you as a whole. What He is asking is for you to do the same: to recognize that you have all aspects within you and that you can love yourself as He does rather than trying to perfect the personality or the role based on gender.

Jesus: Now you know deep in your heart that all that has taken place in your life is true. You've seen pieces of irrefutable evidence and you have been continuously moving toward our purpose and work in you.

General:

Jesus: About Judgment: Where does judgment come from? How does it become formulated and then where is it used? Is it necessary or is it useless? Let me tell you that one of the most prolific sources of judgment comes from two places: the conditioned beliefs derived from men and the fear that comes from ignorance.

(Note from Ronda: As you will see, later in this locution it is clear that Jesus means not judgments about real moral good and evil but more about choices between two goods or societal customs)

St. Thomas Aquinas: (He has a book in his hand. He is not stern but not cuddly. His voice is very authoritative.)

(Note from Ronda: This whole sequence was something of a shock to me because I certainly wouldn't have predicted it. Anne of Ireland got many locutions from saints, so there is no a priori reason I should not get them. But of course St. Thomas is in such an exalted position in my hierarchy of saints that I could hardly believe he would descend to talk to me! As you can see from my questions, I had trouble agreeing with him which wouldn't seem likely if it was all "projection.")

Books upon books are filled with the intellect of men. Great is the gift of mind God has given humans and I will tell you that with all this, knowledge falls short without the application of the heart. Conditioned beliefs spring from poorly understood knowledge or, if you will, the lack of wisdom. One can not be wise without bringing in the love of God in every application of intellect. (He raises his hand) You waste your time with silly rules that lead you only to judge yourself and others. This is the misuse of the human mind.

Mary Rose: Can you give us an example?

Thomas: Of course, dear child. That all students must never miss a class or talk during class is a silly rule. You see, human experience in its entirety, is by far the most superior teacher to any string of words dictated by the mind alone. It creates these rules, confinements, yields the illusion that humans are in control of their environment. Be mindful that if you choose to write a poem about a tree and someone else chooses to paint it, you both grow in wisdom on the same subject. Then why should you judge the other for how they got that wisdom? There is more than one way to know God and that is the point of your human experience: to find your way back to your creator. So don't carry the baggage of judgment.

Ronda to Thomas: I take it you don't mean by rules the moral teachings of the Church or the precepts of the Church, but more exterior rules?

Thomas: A man is but a fool if he rebukes the guidelines of the Spirit of God. To follow a guideline is like getting directions. These are sound, especially those sent by the Holy Spirit. So, you have the directions and so does everyone else in the car and you bicker in the car about who reads the directions the best and who follows them the best and who should be driving? That is a total misuse of the mind and the guidelines. Is it surprising then that many do not make it to their destination?

Ronda to Thomas: But to judge that someone is breaking a command of God even though we can not judge their soul is not wrong, is it?

Thomas to Ronda: There is a difference between the judgment given from fear and power and that of unity and love. Indeed you are to uphold the light in each of your by following guidance.

Mary Rose: Can you give an example?

Thomas to Mary Rose: Think of a gardener. He tends to his garden in his own way. His neighbor tends to his garden in his own way. Yet both abide by the truth of God. So what then is holy in making one of these farmers follow the way of the other if they both follow in search for God then no judgment should be cast about the way one runs his garden and the other runs his.

Ronda to St. Thomas: You mean then when it is a matter of two different goods, not good vs. evil.

Thomas: Indeed.

You must know your truth and you must apply your heart when you read those Scriptures that were provided by God. Let's look at another example. There are those who read the Scripture and take it verbatim as a single surface level sentence or meaning. But since when does a book have only one page? The Scripture has more than one depth. If the Scripture (O.T.) gives dietary rules does that mean that God doesn't loves you if you don't follow them explicitly? What kind of God would it be if He could not love every depth of the man who follows these rules explicitly and the man who applies these rules but eats differently?

Mary Rose: I take this to mean that if I choose to eat meat, God will love me just as He loves someone who chooses not to.

Thomas: Certainly, but don't judge the one who eats differently from you. The guidelines of those rules were given to help show you balance. Thus to be knowledgeable of the Scripture is not enough. You must incorporate and assimilate the Scripture in your heart and further you must ask the Spirit to bring their truest

meaning into your being. There is the wisdom. So, you see, with God's will at work in each of you with God's spirit at work in each of you, and with many of you there for different purposes; do you think that each one will express wisdom exactly the same? No!

Don't judge how wisdom is expressed by another, but acknowledge how majestic God's wisdom can be portrayed in the diversity of His people and His world. You can not use knowledge as an excuse to stay in your box.

Ronda to Thomas: Is this lesson you are teaching us specifically related to the Transition regarding ecumenical and inter-faith perspectives?

Thomas: Certainly this discussion applies to that and to the Transition. If those who read these words and for that matter so many of the others texts which deal with the love of God, can not get past their poor intentions they will not be able to receive the grandness of the Transition.

Ronda to Mary Rose: Think of how John Paul II eventually spoke of Christian feminism, whereas originally it was too loaded with associations with abortion to be seen as anything but a dangerous teaching. Pope Benedict at World Youth Day in Australia spoke of the coming of a New Age with the same intent.

Thomas: Yes, yes, yes. He pounds his fist on the book. Don't confine your God to the limits of the human brain. Every human has a right to know their God. Be open to experience the diversity of how He illuminates His truth.

Mary Rose to Thomas: I can see why you didn't need a microphone!

Marty Rose to Ronda: I am comparing Jesus to him. Jesus feels so divine and Thomas feels very familiar. Thomas with a hearty patriarchal laugh says: It's all a process, my dear, it's all a process.

Thomas: I came also to acquaint you with what should be a familiar energy, one of academia, for if you are to openly discuss matters of mental spirituality you should be familiar with those of us who could be a resource for you and others, for all of us serve the Christ-light. God's will be done.

Mary Rose to Thomas: Amen, Thomas.

Ronda to Thomas: Should I give her Chesterton's Dumb Ox (biography of Thomas)?

Thomas: Mary Rose is to be instructed along side her science and faith. It is no coincidence that she was trained as a scientist and now is awakened to a deeper relationship with God.

Ronda to Thomas: Am I to find books for her or will this happen in another way?

Thomas: Don't plan the schemes of God. There will be books. They will be placed according to her receptivity and we will continue our personal instruction.

Mary Rose to Ronda: Can you feel the different energy? Can you smell him?

Ronda to Mary Rose: I can feel the strong masculine mind energy in the words. Those words feel like the Thomas I've read who is both highly intellectual and full of mystical love of God.

Ronda to Thomas: I feel deep relief because the philosophical mode is so co-natural to me and therefore less overwhelming than the pure love motif of Jesus and Mary. Please teach me personally your integration.

Thomas to Ronda: Skip school and play!

Ronda to Thomas: Sudoku?

Thomas: Yes, swim and walk. You take your studies so seriously that you forget to learn from life, outside of the classroom.

Mary Rose: He doesn't seem cuddly but not austere and mean either.

Mary: For this week try to be as present as you possibly can moment to moment of each day. Continue allow us and invite us into your tasks, thoughts, and feelings. It is important in helping you distinguish between you as a child of God, as a spirit of God, then you as the human. Remember who you are and know that we are with you. No lesson is too small, no chore is too great for us to be willing to help you.

Mary: Peace be with you daughter. Peace be with all of God's children.

Joseph smiles standing with his staff.

July 28, 2008

(This locution followed a conversation with someone involved in a religious community of women with different emphases than my Dedicated Widows of the Holy Family.)

Following Jesus

Holy Spirit:

You become perturbed when your ideas of how to follow Jesus clash with the ideas of others. You seek justification for your ideas through Scripture and

Tradition. In this way you try to make what is a way of life into something as absolute as dogma and doctrine.

There is strength in common rules and practice but what maybe more needed in your times now is a way of the heart in response to the reality of Jesus. Your Jesus wants to permeate the world with faith, hope and love. Different types of community can grow around this experience. You can learn from what you try.

Do you see the wisdom of the Church in looking not for rules and plans but rather for signs of good Christian living together in one form or another?

Don't be afraid to make mistakes. When you encounter those with inspired plans look not so much at the plan; that can be nothing but a fantasy. Look instead as the hearts of those involved and cherish the fruits of their works of love.

Let Us show you what We want of you in relationship to the ways of life you encounter: sometimes affirmation, sometimes that you are there to make suggestions; sometimes joining in. You can not know which is response is right in advance. Sense Our guidance in the encounter."

As an ecumenical gesture I went to a Black Baptist revival tonight with one of the men I minister to at the half way house. It was wonderful. It reminded me of how, as a teen, I loved Mahalia Jackson's way of singing and probably got a sense of Jesus from it even though I was then an atheist. Gospel is a lot like charismatic so I enjoyed that. The group seemed a little surprised to see a white RC in their Church, but pleased also.

July 29, 2008

Freshness

Holy Spirit:

Bombardments of the consequences of sin can make you feel trapped and constrained. Even when there is nothing immediately dangerous to you in your environment, there can be a staleness from repeated unwholesome patterns.

Reach in and reach up to find cool freshness. "In" is the place within where We dwell, a pure stream of grace. "Up" is from your crouched position of fear to lift your arms and hands to greet the good, small and big that We are sending you each day as fresh air.

Can you interrupt the stale round of your worries and unhealed memories to let in the new? Are you so afraid that if life isn't heaven it is really hell that you are not savoring the foretastes of heaven, Our gifts for you each day?

July 30, 2008

“Finishing School”

Holy Spirit:

In your culture in the past awkward and sometimes wild girls used to be sent to a finishing school to be trained in proper deportment. They would graduate ready to come out in society as proper and elegant young ladies.

By analogy We try to train up immature and sometimes sinful followers to come out into the world as true soldiers of Christ. What we wish for, however, is not outward show but true conversion of heart from self-centered ways to the way of love.

As your “final examination” in your “God Alone” training we present you with this test:

For a whole week be so close to Us through prayer and intention so that your words and gestures will reflect love.

Don’t be afraid this would destroy your free personality and make you a mere puppet. That is not what We want at all. No. If you give yourself to Us in this way We will use all your natural gifts and God created individuality in an even stronger way. Our grace will make a tentative melody into a symphony. Courage!

“Not I, but Christ lives in me.”

So far, trying to succeed at this test is going very well. Lots of surprising loving moment from my side to others, including strangers, and from others to me. Probably when my face is more loving others show their love more to me.

July 31, 2008

More Love

Holy Spirit:

There can never be too much love in the way you handle every encounter. We are helping you to make being loving your highest goal in your thoughts, words and actions.

Can you now see more clearly how specific this challenge is? How an unexpected sharp tone in your voice or in that of one who is speaking to you can hurt? How, on the other hand, a sudden strong expression of esteem or concern will met a hardened heart?

May this not be a passing phase but an earnest endeavor to which you are committed.

Have you also begun to sense the greater attention to works of your liturgical prayers to change them from a good dutiful chanting to a cry of love?

Of course it is hard for you to understand the paradox of Our absolute Trinitarian transcendence and the need for love expressed, as has been discerned, in Jesus' cry: "I thirst," or in the commandment to love your God with your whole heart, mind and strength.

We help you with analogies: is it weakness if parents cherish the love their children show them? Is it not rather bonding?

Don't be discouraged if your progress is slow. Learn from each set back. Remember, you are not alone. We are working in you.

August 1, 2008

Higher and Deeper

Holy Spirit:

When We try to bring you up the mountain to a greater height, a wider view, you can feel overwhelmed. In one way it is joy to be above the usual realm of earthly concerns. In another way, you can panic when you don't see the place for your feet to land. Suspension in the clouds is foreign to your bodily nature.

An antidote to dizziness can be to feel your way deep into your roots. Your ultimate root, of course, is not a blood line only, but your source in the creating mind of the Father.

As a sign I sometimes give the gift of tongues that you may speak an unknown language with primal sounds of roots deeper than our conscious mind.

In some hispanic paintings God the Father in the image of an old regal man is depicted hovering behind Jesus, sustaining Him in an embrace, as Jesus is elevated on the Cross.

Will you let the Father sustain you, also, from above and below?

"With groanings too deep for words."

August 1, 2008 locutions through Anne of Ireland

Jesus

My dear ones, I am with you in your struggles. How can I help you to understand that your struggles are necessary to your holiness? Perhaps you should simply trust Me and view your struggles as evidence that I continue working to perfect your soul.

If there were no struggle, My little apostles, there could be no possibility of advancement. This is a time to make great gains in holiness but gains are only possible with effort. I am making every effort toward you. Are you making efforts to move closer to Me? Ask yourself today and each day, ‘Where is God asking me to be holier today?’ Perhaps it is charity, perhaps patience, possibly trust, maybe you should practice concentrating on your holiness and refrain from examining the work needed in other souls. Oh, My dear apostles, if you could only see how desirable holiness is to heaven. If you could only see how beautiful you are when you are looking up to heaven with an honest desire to become holier. When you become distracted, My heart sighs. And yet I am patient with you. I know that My little ones want to serve Me. I know that My little ones struggle to absorb the truth about holiness. And that is why I am patient. I am patient because you are trying. Continue trying, dear apostles. Walk bravely into holiness. Be fearless in examining your condition. If you do so, I will surround you with love so that you do not become discouraged but emboldened. You will become emboldened to strive for greater and greater heights of holiness and greater and greater heights of humility. How heaven will rejoice as the King’s apostles relinquish their ties to the world and attach themselves more fully to heaven’s work. Heaven’s work will always involve two goals, one, the holiness of the apostle, two the coming of the Kingdom. My apostles must concern themselves primarily with their holiness and then I, the King, can best see to the coming of God’s Kingdom. Be at peace. Rejoice. I am with you and My plan is advancing.

August 2, 2008

The Answer

Holy Spirit:

You seek a single truth you could carry in to every circumstance of life. It would be like a pass key that opens every door. With this answer you would never again be perplexed and uncertain. It would end all doubt, shut the mouths of all scoffers. With this truth you could be strong instead of weak; luminous instead of murky – divine?

A single word can sometimes be a life-line, such as “light” or a battle cry such as justice.

We see this longing for such a truth as your attempt to leap into eternity where “all will be one.” You could also see this desire as a sign that you are coming closer to the kingdom of God where partial insights will merge into a unified vision.

Each “answer” you find can be a path to God. It can take you so far, but not through the gate back to Paradise guarded by angels with flaming swords. (Find Genesis passage where Adam and Eve go into exile)

Sometimes you can only find the next path for your journey by becoming not more powerful to be able to destroy barriers, but smaller so you can sneak under them.

Even as you are to avoid pride in your quest for the answer, it is better to push forward toward divine truth than to cling to inadequate formulas for coping in the world.

Close your eyes and beg for the answer you need to take the next step forward.

(When I tried this what I got was something like “Openness; await the dawn vs. locked in by fear or closed into your own plans.”)

August 3, 2008

Weakness

Holy Spirit:

You honor weakness with your lips but not always with your heart. How is that?

You understand from years of reading the New Testament that Jesus came to overcome the worldly sense of strength as coming from power. Instead He exalted the lowly, the meek. He responded with compassion and mercy to the humble and poor.

On the other hand, in your own weakness you want to lean on those who seem stronger than yourself”; stronger, for example, in intelligence or health, in accomplishments or in virtue.

If you look at the saints, starting with Mary, what do you see? Not usually worldly strength but the power of love.

As Christians you are to excel in compassionate love expressed in helping others in their needs. It is right to admire others for the strength of their virtues, and you can look up to them, but you need to lean more on the strength of God than on the strength of any human persons. When you do this you will be able to draw close to the weak that We send you. Instead of being afraid of their neediness you will be able to prudently give as we show you what will help them.

“I was in need and you came to me.”

August 4, 2008

Leadership

(The context is that more widows are interested in my group Dedicated Widows of the Holy Family and I was having doubts I could lead them.)

Holy Spirit:

You are afraid to lead because you think that followers will be as critical of you as you have been of past leaders you have followed.

We want leaders who are well acquainted with their own flaws. Remember St. Peter so publicly weak in denying his Master? Do you see how his knowledge of his own betrayals made it possible to listen to Me in a dream about the food issues or to Me through Paul about circumcision and the Gentile converts?

Beware of leaders who hate “suggestions boxes.” If you are called into any leadership role, make yourself so humble and so eager to improve that the others will not be afraid to help you with suggestions. Disarm them with your humility.

Always be eager to come to Us to listen. If your enterprises are a response to Our promptings, you will not need to think of yourself as defending your own ideas. Not that you should try to assume infallibility claiming your decisions are influenced by Us. No! You can still make mistakes because the light of Our will is filtered through your dirty windows.

We will use all your negative experiences of the past to help you avoid not only false moves but also false postures.

When you think of leaders you have known in the past with clay feet, think not just of the clay but also of all the good for you We brought out of their initiatives.

I was getting excited about some plans for the future. Mother Mary seemed to say, “I told you to float. Float on the water. Don’t try to fly in the sky or you will fall.”

August 5, 2008

Wordless Presence of God

Holy Spirit:

Sometimes you can figure things out; sometimes you can’t. You like to figure things out because you imagine that if you understand you will be able to control things for the best. We like to see you exercise this God’s given power of intellect. It is Our gift.

How, then, can you accept it when you try to use the gift but no answer comes? That’s when We want you to be like a child who can walk in the dark with a parent, hand in hand.

Sometimes, like Peter, you swear your allegiance to follow Us even unto death, but when the test comes your survival instinct pushes you to flee. We understand. We forgive. That you might be surer that you are forgiven, We give our priests the power to say the words of absolution for Us.

After your words and deeds of penance, We want you to feel a wordless peace, like a child who was lost but then knows safety in the embrace of the parent.

August 6, 2008

(Visit of Sr. Mary Jean Tate)

Gusts of Grace

Holy Spirit:

Just when you think that what you have done is enough, perhaps even more than enough, We send you a new gust of grace to do something more:

- to help a needy person**
- to start a new venture**
- to devise a new method of presentation**

At first you resist. Part of you wants not the new but rest from change. We understand. We don't prod you because your previous efforts are inadequate but because the world is so hungry.

Let Us work with you on these efforts so that your feeling is not pressure so much as wind in your sails.

“When I am weak, I am strong.” (find reference in Paul)

Visit of Sr. Mary Jean Tate. I got very excited about her plans in spite of trying not to in order to avoid adrenalin addiction. However, after she left I felt drained and the Holy Spirit seemed to tell me to let it unfold gradually and not to be thinking any of this will actually work out and that I need to change anything in the now or near future to make it work out. I could first wait and see if she really buys the house in Wyoming. Then see how it goes with the widow response to EWTN and then visit, for instance, at Christmas, and then maybe in the Spring think about some of us dedicated widows trying a ministry there. But I also felt that the joy about that scheme is that I am very, very, tired of active apostolate and wish that I would be in a retirement home of this type as a resident rather than a minister!

August 7, 2008

Leadings

Holy Spirit:

We want you to seek our help and the help of your Mother, Mary, the angels and saints in your planning. That is good. You need guidance from on high. The saints always sought the virtue of prudence, enriched by other special gifts of discernment.

Sometimes we make what we want very clear as when we told St. Joseph to flee from Herod with Mary and the child Jesus.

You want to feel that what you discern in prayer will give you certainty in the outcome of your decisions. This presents a problem. For instance, during the years that the holy family was in Egypt, Joseph had to trust without knowing how long it would be before Our plan would unfold for their return.

When you feel insecure and anxious you would like Us to reveal every detail of our plan for you. Often We choose, instead, to show you only a step you can take next. Future paths depend on free will responses of others. Some of these people you don't even know yet. Sometimes We want you to be part of a plan that fails on the surface because the failure will teach important lessons.

When you don't spend enough time in quiet prayer, your agitation prevents total reception of Our leads. You don't see, for instance, that your involvement in a plan may be not a change in location but rather encouragement of others, because there are things to do in your present place that have not yet shown themselves. That is why in many circumstances watchful waiting is better than leaping into something new.

As We have been trying to teach you in many different ways it is not good to become too attached to expectations for often We work more through presences rather than visible direct outcomes.

Look at the growth of the Church. Do you think the deaths of the martyrs seemed like success?

“That the hearts of many will be revealed.”

August 8, 2008

The Light of Truth

Holy Spirit:

Our gifts to you include absolute truths shining in the darkness for all and also words for the heart of each person.

Some of you dislike the reality of universal truth which stands so strongly against the desire for individual autonomy. for example, a rebel rejects the “shalt” of the ten commandments: “Why not steal when I want something I can't otherwise have?” “Why should God be 3 persons instead of 4?”

Others suspect even more any personal truth given in prayer whether they are directives or signs. There is a correct wariness about being deceived by the devil or only ones own foolish wishes, such as wanting to sit at the right hand of God without first carrying the cross. But such wariness can close the doors to any heart to heart communication.

Is the choice then between hard cold absolutes and sentimental fantasies?

“Blessed be the pure of heart for they shall see God.” Jesus taught that deep truth comes to those with sincerity of purpose. The pure of heart treasure the light of truth revealed through writings or spoken teachings. They receive an individual word with “fear and trembling” and grateful humility: “Behold the handmaid of the Lord, be it done unto me according to Thy word.”

To protect our children from the darkness of error, We provide the unchanging teachings of the Church and the guidance of the spiritually wise.

When doubt and fear assail your poor little souls, hold fast to your Savior; the light shining in the darkness, who proclaims “the truth shall set you free.”

August 9, 2008

Envy

Holy Spirit:

A toxic form of pride is envy. It gnaws away at the fabric of family, the work place and Church.

Do you see how it dominates from the start? Satan envies God and influences Adam and Eve to wish to become godlike through rebellion. Cain envies Abel. Later the brothers of Joseph sell him into slavery because of envy. Saul betrays David out of envy all the way to most of the leaders in Jesus’ time envying His authority and miracles. How much violence is rooted in envy.

Watch closely for forms of envy in your dealings with others. The plain woman envies one more beautiful. The uneducated person envies the scholar. Others envy wealth and status. More subtle forms can be boasting in the desire to provoke envy in others. Rage can come from impotent envy of those in power who ignore ones wishes or claims.

Each of you in your hearts must come to grips with your differences. You are to glimpse interiorly in prayer the Providential love that is part of your circumstances. You have legitimate desires for bettering your life in small and big ways. If these spring from envy it shows you are basically angry with God about your life. Instead such desires for improving your lives should be a seeking for greater fullness which hopes not for the downfall of others but for the same fullness in their lives.

**There can be no place for envy if your motto is truly God Alone is Enough!
Will you let Us show you that We are enough?**

August 10, 2008

Shock Waves

Holy Spirit:

Through advanced worldwide media coverage you can be shocked not only by the evils in your immediate area but those around the world. In a certain way you have in your times more of a God's eye view of your world. In another way you are less aware. A family on a farm pre-media could watch things slowly grow. City people see these only as products in a supermarket.

Through myriad events, personal and global, We immerse you in the rhythm of being of other creatures. At the same time, through the shock of destruction, small and large scale, you are weaned from making earth your home.

The tension of life, death, and new life reaches a climax in the events of the conception, birth, life, crucifixion, death, resurrection and ascension of Jesus. You can participate in this cycle daily at the Mass, joining to it everything in your day of wonder, joy, shock and transcendence.

It all becomes too much for you. We let you sleep, and finally we lift you out and up. Meanwhile, soak it in!

Letter to Eckhart Tolle, author of a best-selling book called The Power of the Now:

August 10, 2008

Dear Eckhart Tolle,

As a philosophy professor and author of many books on spirituality, I was very interested in the ideas expressed in The Power of the Now.

When I teach philosophy of time I eventually mention the way in which the popular prayer in the Catholic Church asking Mary

“pray for us sinners, now and at the hour of our death”

indicates that these are the only 2 real times since the past is gone and the future is not here now. What is totally real, as St. Augustine emphasized in the Confessions, is the Now and the hour of our death when we enter into the Timeless Presence.

I thought you might enjoy this traditional way of seeing the Now if you had not already noticed it.

God bless you,

The Hispanics had a terrific congress at Comma Center. I was so thrilled that they had a priest to hear confessions. Everything was so magisterial.

August 11, 2008

Rising from the Ashes

Holy Spirit:

The Church rose stronger from the era of the martyrs of pagan Roman massacres. Great grief overwhelms the faithful during the struggles throughout history. Think of the dark times of corruption within the Church in European history; of battles tearing apart countries and families.

So, too, the martyrs of the 20th and 21st centuries and the scandals in the Church and the tearing apart coming from dissent.

Do not succumb to violence of arms or rhetoric. Keep your eyes fixed on Jesus and let Him be the Saviour not only of your souls for heaven but also of your hope within the ashes of seeming defeat.

Those of you whose lives have been relatively peaceful can be the most devastated when the bad times come. Why? Why? Why? becomes your constant cry.

Can you accept the help from Us not so much in outward change so much as in deep in your own hearts?

Look at Our saints. Did they experience the triumph of their plans during their lives? Usually not. They had to plunge into the heart of God to get the strength to go on. Join with others not in rage but by clasping pierced hands.

“Be of good courage, for I have overcome the world.”

August 12, 2

Saved

Holy Spirit:

You would like your every enterprise to be successful with a minimum of labor and a maximum of profit. Sometimes that happens, but rarely.

You would like our spiritual life to be successful with a minimum of struggle and a maximum of applause. Sometimes that happens, but rarely.

More often the success of an enterprise requires enormous effort for even a minimum of profit.

More often holiness comes after terrible struggles with minutely achieved visible change.

What Jesus came to save was not your projects and products. Neither did He die on the cross to save you “faces.”

It is both simpler and more hidden. You are in anguish about your failures: less wealth instead of more; broken homes instead of family unity; war instead of peace; death instead of life. To be saved is not to be publicly crowned with success it is to be forgiven and then given new life.

New life is not for glory in human eyes but for mostly hidden gains such as more kindness, more helpfulness, more sacrifice.

And, hidden from public view is the permanent reward...”in the bosom of Abraham.”

August 13, 2008

God Within/God Above

Holy Spirit:

Each era in Christian history has a different way of wrongly emphasizing more or less of the divinity or humanity of Christ.

In your lifetime (1937 ff) Catholics first thought of the divine nature of Christ as so transcending the human that they could scarcely dare to imagine Jesus performing ordinary human acts. By now, 2008, however, His humanity is so emphasized that some think of Him as being as weak as they are.

Phrases like “the God above” or “the God within” can usually seem neutral, but can take on the flavour of such divergences from the Truth. “God is above all thoughts” can become a way to keep Him away, so that your eyes are on the stars but your hearts are rooted in the world. “The God within” can become a way to keep Him imprisoned in your own categories, stripped of the power to change you.

Through Scripture and Tradition We teach you balancing images. Jesus offers parables of the Father’s close love, such as the parable of the Prodigal son, but also tells the disciples that “no one has seen the Father but Me.” God is shown both as the farmer, sower of seeds, but then as the Judge separating the weeds from the grain.

Let awe of the God above usher forth in praise while the heart opens to its all consoling guest: the God within.

August 14, 2008

Family Stances

Holy Spirit:

Each child in a family develops defenses against being taken over by the other children. The price of love can often be slavery to the other's wishes. Later, some become so defensive that they choose isolation rather than risk being used. Others attract companions, sometimes to replicate power positions of the past.

How tragic! How bleak!

We want you to exit such a cycle. We want to help you do this.

In the stories of the saints you see men and women who took in all the genuine love from their childhoods and the love that was there from others in their life as adults. They believed in the ideals of Christian love. Most of all they opened their hearts to Our love: the Father, the Son, the Holy Spirit and of Mother Mary, the angels and saints. They were liberated from patterns of power, defensiveness and withdrawal.

It is a never ending battle between many sided evils and victory through the power of love. Over and over in the Old Testament you see defeat if people trust in their own strength and victory when they let themselves be the instruments of God's will.

In the Gospels, overturning the seemingly invincible plots coming out of fear, pride, jealousy and power, you see the triumph of divine love.

You can try to analyze every aspect of psychological and spiritual warfare in life. That can only take you so far. Insight can lead to despair instead of breakthroughs.

Pray! Pray! Pray! Not to win others over to your side, but that fresh streams of divine love may bring change, forgiveness and change.

My sister Carla is here. We had a practice for the procession for the Assumption. How good it was to see the others learning come alive so quickly through movement.

August 15, 2008

Holy Spirit:

Holy Solitude

You crave company. Your often lonely hearts cry out for human understanding and intimacy. Yet when human love is given, you can feel as if the price is too high. The others intrude into your inner space until you can not even find yourself there. They can probe your motives until you can not even find any pure reasons for doing anything.

Can you see that many in these times are choosing a more solitary life? Is this because they are failures in relationships? Sometimes. But also for some because we are drawing them out from the crowd. Sometimes the greater isolation is physical; sometimes it is mental. Sometimes it is pure spiritual – as in going within to Us in the midst of people.

To feel it unbearable to be alone is to deny Our presence with you. Our presence is mysterious: potentially burning, but often times almost cool. Our demands are sometimes for change in your decisions but often just that you be free enough to be present to Us.

The words of worship and other formal prayers will draw you out and up to Us. Please don't resist.

“And we shall come make dwelling in them.”

Dancing in the procession, a first for me, felt very good. The boys came and that was so good. Carla did a short Magnificat dance. It was amazing how she became Mary for us.

Talents

Holy Spirit:

Many times you have to do things in life with painful difficulty against the grain. We grace such efforts.

Other times, what you are called to do for love of Us and for love of your brothers and sisters flows easily from the talents We have given you in abundance.

The Evil one, knowing the power of those talents, tries first to bend them to bad purposes: unusual intelligence can be bent to bad purposes; unusual intelligence can be bent toward conquest; unusual strength toward brutality; unusual physical beauty toward seduction.

When the talents are directed by love, the Evil one works more subtly. Into dedication he mixes pride. Into commitment he mixes neglect of other claims. Perseverance can be pushed to exhaustion.

Watch out for the self-doubt that surfaces when you sense the mixture of these negatives with your talents. The doubt leads to a desire to give up. Instead of giving up, you need to bring your talents back to Us, their source, for purification and renewal. Then they will shine for whoever we have prepared them to reach.

“My soul magnifies the Lord and my spirit rejoices in God my Savior.”

Confession about trying to coerce Carla into being my identical twin. (We are fraternal twins and very different in our ideas). I was wanting her to understand my prophetic side as more than fanaticism. Fr. Ken said why not think of her as a wonderful sister companion; healthier than an identical twin.

August 17, 2008

(Context being accused of being a fanatic by someone close. After getting this locution we had a good prayer time together and forgave each other for lots of hurts of the past as well.)

“A prophet is not honored in His own country.” ()

Holy Spirit:

In the sentimental religion of your fantasies, sincerity is always rewarded with applause.

In the sentimental scenario of your fantasies, to be right is always to be victorious.

In the sentimental world of your fantasies, your own family is the first to accept your prophetic charism.

Examine the life of your model Jesus, and the history of the Church.

What do you hear? Applause?

What do you see? Victory?

What do the records show? Families affirming the path of the counter-cultural path of the martyrs?

The history is full of paradox: “the prince of peace” () carries a 2 edged sword (). Some professed followers divide the Church. At some periods saints followed the claims of opposed leaders.

When you are nailed to the cross by rejection, some of you want to flee; others want to scream denunciations. While you await Our next move, take up the words of your model:

“Father, forgive them, they know not what they do.” ()

August 18, 2008

Tug of War

Holy Spirit:

Each one pulls hard. To win is to overcome the resistance of the opponent. Once toppled and fallen, the “enemy” can be dragged to the side of the victor.

This game is played over and over again in daily power struggles. Sometimes the outcome is predictable. A parent has the strength to compel the disobedient child to comply. The more skilled competitor in a sport will outrace the ones less able.

What is it in humans that revels in such trials of strength? Is it a matter of natural delight in power or is it ugly and evil pride? Of course, it can be either. Looking at the negative type of tug of war, can some only enjoy superiority by forcing another into submission?

For believers, tugs of war become more complex trials. Love of power is to be conquered by the power of love.

In the process there is no lack of bloodshed. You can not figure it all out beforehand. At any moment self-assertion can overtake the goal of love.

Consider the familiar display: three men on crosses. Each one has lost the tug of war with the Roman conquerors. In defeat, the bad thief tries for a last power play by taunting Jesus as a false Messiah. Your savior, takes a different path. He speaks out the despair of seeming defeat “My God, My God, why have you forsaken Me.” () Then he changes the nature of the trial in the words “Into Your hands I commend My spirit.” Jess lifts the battle from the physical realm. He shows you that what really counts is the battle to keep faith in the Father’s love in spite of all appearances. Out of the victory of hope over despair, He has an overflow of mercy to forgive His earthly enemies, “Father, forgive them, they know not what they do.” ()

As if sensing the shift to the new battleground, the good thief begs Jesus for a secret supernatural victory even for himself, a man justly condemned to death.

When you find yourself losing the tug of war in your attempts to get what you want, which of the three on the cross will you imitate: the bad thief taunting

God for not helping him win; Jesus, trusting the Father to bring a higher victory; or, like the good thief, putting all your hope on the Redeemer?

Sometimes it is good for men to cry and to cry out.

(A few minutes after this locution I thought the Holy Spirit added: Do you see how the mercy chaplet shifts you from love of power to the power of love?)

August 19, 2008

At the RCIA where I took a risk a few weeks ago by giving a very personal vulnerable testimony, the others have started sharing more personally. The Holy Spirit tells me, “See when you follow Our lead and do something risky, the response is not direct or immediate. Please trust Us more.”

Hardness

Holy Spirit:

Our St. Augustine thought that “peace is the tranquility of order.” You can love order as a relief from chaos. Order is good.

Sometimes, though, the desire for order can make you tense and hard. You see that your goals are blocked by others because they are more relaxed or just indifferent, or busy with other goals. You seek their cooperation. You can try persuasion or you can try force.

In either attempt, persuasion or force, beware of becoming hard. Hardness manifests the fact that the goal of order is higher to you than the goal of love. Even though the goal of order is loving, you are letting the ends justify the means when your approach is hard.

As you go about your daily rounds, even when you are alone, check from time to time for tension and hardness. When you detect either of them, stop, even for a minute. Lift your heart to Us for a fresh flow of lighter energy.

Avoid efficiency at any price.

“What does it profit a man to gain the whole world and lose his immortal soul?” ()

I read these wonderful words of Pope Benedict to an Italian seminarian who asked how to extend the spirit of World Youth Day. It fits so beautifully with the messages I have allegedly been getting from the Holy Spirit:

This is why I think that the most important thing is that we ourselves remain, so to speak, within the radius of the Holy Spirit's breath, in contact with him....

quote from Pope Benedict:

“Then he gives us the imagination and creative ideas about how to act, ideas that cannot be planned but are born from the situation itself, because it is there that the Holy Spirit is at work. Thus, the first point: we ourselves must remain within the radius of the Holy Spirit's breath. Then man, who is inwardly darkened and half dead, receives Christ's breath anew and it is this breath of God that gives his life a new dimension, that gives him life with the Holy Spirit...

This means that we must keep close to Christ. We do so by meditating on his Word. We know that the principal author of the sacred Scriptures is the Holy Spirit. When through his Word we speak with God, when we do not only seek the past in it but truly the Lord who is present and speaks to us, then -- as I said in Australia -- it is as if we were to find ourselves strolling in the garden of the Holy Spirit; we talk to him and he talks to us.

And of course, (to be close to Jesus is) first of all in the blessed sacrament of the Eucharist in which he comes to us and enters us and is, as it were, amalgamated with us. Then, however, also in the sacrament of penance, which always purifies us, which washes away the grime that daily life deposits in us...

All this must determine the shape that our day takes in such a way that it becomes structured, a day in which God has access to us all the time, in which we are in continuous contact with Christ and in which, for this very reason, we are continuously receiving the breath of the Holy Spirit.

If we do this, if we are not too lazy, undisciplined or sluggish, then something happens to us: the day acquires a form and in it our life itself acquires a form and this light will shine from us without us having to give it much thought or having to adopt a "propagandist" -- so to speak -- way of acting: It comes automatically because it mirrors our soul...

It is based precisely on the natural virtues: honesty, joy, the willingness to listen to one's neighbor, the ability to forgive, generosity, goodness and cordiality among people....These human virtues show that faith is truly present, that we are truly with Christ and I believe that we should pay great attention to this, also regarding ourselves: To develop an authentic humanity in ourselves because faith involves the complete fulfillment of the human being, of humanity.

And the latter subsequently gives rise to those initiatives that cannot be programmed: communities of prayer, communities that read the Bible together or that even provide effective help for people in need, who require it, who are on the margins of life, for the sick, for the disabled and many other things. This is when our eyes are opened to see our personal skills, to assume the corresponding initiatives and to be able to imbue others with the courage to do the same. And

precisely these human things can strengthen us, in a certain way putting us in touch anew with God's Spirit....”

Fr. Ken told me that when dissenters speak, and you feel you are unable to discuss it with them without getting angry, don't say anything, as Jesus didn't. Just suffer.

August 20, 2008

Persecution

Holy Spirit:

In the academic world you think of positions taken on one side or another of a debate as if the view were the important thing, not the persons holding them. In seeking truth, this can be a good way to think.

In the world outside the school, however, differences soon become highly personal as the consequences of ideas mount up.

Those whose ideas are threatened by greater numbers on the other side will sometimes resort to violent retaliation. Think of the leaders who felt threatened by the growing popularity of Jesus and reacted by persecuting Him unto death.

On the verbal level, when you feel you cannot win over the opposition, you may resort to the “violence” of sarcasm or name-calling. If the debate is between people who know each other well, the feeling of being persecuted is especially wounding.

How are you, a follower of Jesus, to conduct yourself under verbal attack? Jesus was not naïve about the motives of those who were against Him. Neither should you be. Yet He accepted seeming defeat in the events leading to His passion and death. He who had the divine power to destroy His enemies, instead chose the way of silence and even of forgiveness.

Should you do less?

Lovely door to door experience. A visitor at Flynn house asked if having a rosary was a sacrilege if you are not a Catholic. I walked him over to the Church to get one of the beautiful ones Fr. Ken has. Fr. Ken was busy. I offered to give him my Job's tears Padre Pio one but Fr. Ken came out just in time. It was this man's first time in a Catholic Church. Mary help him.

August 21, 2008

Dear Doreen,

Within the last few months I am hearing similar stories of deep ardent Catholics in situations of danger to their loved ones who are desperate because they see no solutions.

You sound as if you think the locutions are telling me good news about our sinful tired earth or personal messages for myself or others about what to do. They are more about interior attitudes toward inevitable sufferings. I can't remember if you are reading them or not - they are on www.rondachervin.com click on the bright blue link on the page after Enter.

You ask if I feel differently. I do. I feel in a different mansion of the interior castle, to use St. Teresa of Avila' title - one that is more focused and serious compared to my own more jumpy natural insights. I was presenting a dilemma to my wise priest - usually full of humor. This time he looked at me and said that when I feel persecuted I have to suffer in silence the way Jesus did. It was not the answer I was hoping for.

Anyhow just the same I woke up and immediately asked the Holy Spirit if He could tell me something that I could send to you. Since He only gives me general ideas in the locutions I can not say if you will see it as directed to you or not, but here is what I got:

Judas and Mary

Judas saw no way out. He tried to find it by destroying himself. You read about him and you wish he had waited for the resurrection and then begged Jesus for forgiveness.

When Mary saw no way out, no way to protect her son from violence and death, she stood under the cross, her soul given over to anguish, but also to seemingly futile acts of heroic hope and trust.

Many times the children of God are nailed to the cross. They beg to be taken down from the cross, or, at least, to know why.

When you are nailed to the cross it is not wrong like Jesus to cry out "why have you forsaken me?" but you need also over and over again in your trials to pray like Jesus "Into your hands I commend my spirit."

The Passion tells you that what counts is not to escape from suffering, but to endure it with trust in the Father's plan and then let him liberate you as He chooses, even if your enemies kill you, you will be saved in heaven.

Do you see that in some situations there is no solution in earthly terms and your only choice is between stark despair and stark hope in God Alone?

"Holy Mary, mother of God, pray for us sinners now and at the hour of our death."

I was offering room and board in exchange for services to a poor possible dedicated widow. I realized that this probably can't work. A widow would rather be poor and miserable than be under another widow implicitly because of financial dependence. I better stick to the independent widow plan.

There is a doctor who got a job offer here in Morganton. He lives in Texas. He told Fr. Ken he would only take the offer if he can get to daily Mass but the hospital won't let him go to our noon Mass because he has to be always on call. Fr. Ken said he would put in a second 7 AM Mass every day for this doctor! What heroic virtue for Father Ken who goes to bed so late. He says he stays up late because he has done so all his life and his thoughts are different in the night. I was so touched by the daily Mass doctor's choice and Fr. Ken's.

August 22, 2008

Unity of Purpose

Holy Spirit:

Your strength is broken when there are major divisions in your efforts. In the Bible you see this beginning with Satan falling from heaven and Adam and Eve falling away from unity with God and Cain and Abel at enmity.

In reverse you see strength when there is unity of purpose: Joseph helping his brothers, David defending Saul, Peter and Paul coming to agreement.

Can you see how weakened is the Christian witness by divisions between groups and within groups?

Unity can be based on warding off enemies. The Zealots of Jesus' time on earth were united in purpose trying to overthrow the Roman dominance. In your present world there can be political strength when forces unit to repeal an enemy.

More important, however, is that you have a common positive purpose We call the building the kingdom of God. Think of the strength of beauty when voices join together in song, when members of families set aside individual goals for a common effort.

To be strong for the kingdom of God you need Our gifts of faith, hope, and charity. These overcome the division that comes with doubt, despair, and rejection.

When you come to prayer, you open to these gifts and then by your unity of purpose with Us you are strengthened to bring faith, hope and love to others. Do you see how doubt, despair and anger are quicksand for the kingdom of God? Never let them grow in your heart. Cast yourself into Our unity so we can show you how to bring the most light, peace and love into each situation you encounter.

If you can not win a victory over evil on earth let us help you win the battle within your own heart.

August 23, 2008

Holy Spirit to Ronda:

You could think of the time, since Mary Rose came up to now with the visit of Anne Lassiter, as a time when you were given a large treasure chest. We put many new things and many old things for you to be able to use for what you have rightly been feeling to be a new part of your life.

Through Mary Rose we opened you again to a more highly mystical path, where you could see that We want to direct you moment by moment through Our words to you.

We have told you this is a very intense time.

The devil is trying to defeat you through what the election evokes in you of anger and defensiveness. Refuse to discuss it with those of opposing views. Also the devil is trying to defeat you through quick discouragement. Trust in each situation where there is delay or different from your expectations that We are bringing good out of it.

Do you see that We are drawing others to you here in North Carolina including Anne to help you by her motherly virtues. And others through e-mail.

Pray and respond as We tell you, moment by moment.

Pray your full hour of quiet prayer each day without substitutes. Let charismatic prayer on Saturday be a glorious time, but not a substitute, because We need that quiet time to heal and focus you.

Hi Ronda,

I have spent some time in the last few days reading both your and the Mary Rose site's messages.

I'm Catholic, I became Catholic over a year ago. I go to St Peter Catholic church in Newberg, OR.

<http://stpeternewbergor.org/index.html>

I first saw you on The Abundant Life and I was moved by your zeal.

I'm excited by these messages you have put up. There is a certain feeling to them like a large ocean of water that is ready to carry people away, ready or not. It's like, your messages are a preparation for this event or movement.

I'm sure your a busy person but I should ask you or maybe the Spirit is driving me to ask.

Would you be my spiritual director? We could write everything via email and I have yet to find somebody but you who I think would be good for me. If not I understand.

Here is a picture of me, my grand-kids and stepson on a fishing trip this summer.

<http://mysite.verizon.net/jdandy23/>

Let me know and please keep going with what your doing.

Jim Thomas

THIS COULD BE AN ON-LINE WAY TO BUILD THE TRANSITION COMMUNITY.

Dear Jim,

I laughed aloud this morning early reading your message because two mornings ago I got this strong, strong image of myself being carried out by the waves to the ocean of God and here you have a corresponding image.

I am delighted that the messages resonate with you. The photo is delightful.

About spiritual direction, Jesus and Mary said to me that if people write to me asking me to get messages for them, I should tell them that Jesus and Mary and Joseph want to get closer to them, so you should ask Jesus, Mary and Joseph to give you answers themselves. Try asking them to speak to you in words or visions or as they see would be good.

While doing so, however, about more general spiritual matters you can write to me. I am not a counselor and I get very nervous giving people advice, especially if they are close to despair.

I am working on a free on-line program called 6 Steps to Holiness with a forum once a week for group sharing. Some of the teachings are based on the locutions. If you wish I can put you on the list for this little course.

God bless you, new friend, Ronda

August 24, 2008

My dream came true when my sister Carla danced spontaneously with me after my talk at the charismatic Hispanic prayer meeting. For a year I had been dreaming of her dancing for them.

That night in prayer with Carla sleeping in the bed with me instead of a locution I got a sense of the ocean's waves carrying us out to sea and death would be letting the waves carry us out into the ocean of God. All night I had a sense of my soul leaving my body.

A day later I got a letter from a man, Jim Thomas, saying he was reading the Transition and God Alone and felt that they are like a large ocean of water that is ready to carry people away, ready or not. "It is like your messages are a preparation for a movement or event."

The Holy Spirit said: In thanks for loving My people I am giving you ecstatic union.

I thought of St. Teresa saying "death is ecstasy."

I asked the Holy Spirit if this means I will cease to get messages. He seemed to say that they wanted to give me what I need most each night and I should just be open and not worry about it.

August 25, 2008

Visit with Anne to my daughter, Carla's, house. We had wine and then Kahlua drinks. It was very joyful but I felt I was a bit too garrulous and "outrageous."

Holy Spirit: It is good that you were free and funny. What is not needed is for you to grab center stage. Try to stay in the background and serve. You felt good doing the dishes. You felt good all day helping your guests. In this period of building up Dedicated Widows the theme is to encourage them. Some will not be able to make any moves because they need their own space. So you need to be affirming but not attached. Avoid trying to offer them "sugar plums."

August 26, 2008

Holy Spirit: Do you see the convergence of people writing to you on the e-mail? Neven, Brother Jacob, Jim Thomas, Pat Mackenzie and by phone Sr. Mary Jean? Do you see how we let circumstances force you to persevere with the computer so that you could coordinate mystical bonds?

(I counted 85 "essays" from the Holy Spirit in God Alone.)

Yesterday you certainly detected that each time you tried to get a symbolic victory by talking about the faults of others with Anne you felt diminished. We are teaching you to avoid sour feelings. Notice that she is not an angry person and this helps you.

When you are not angry, you feel weak and anxious. It is a sort of beatitude, part of “blessed be the poor in spirit.” Say in the weakness until We can fill it with a positive emotion. When the feeling of weakness and anxiety comes over you, intensify your Jesus, Mary, Joseph prayer.

August 27, 2008

Holy Spirit: Did you see some instances yesterday where you were ready to give up but you stayed in long enough to see good instead? Roland, late for anger group? Fun of shrimp and blueberries and chocolate?

Try just saying with each thing you started with trust. Giving up can be hurt pride that something didn’t succeed more gloriously. Let us surprise you with little successes. We want you to be such a ripe old woman. Peace be with you.

As We told you through Mary Rose We want you to be a reference point. If someone want to come to see about NC let them come at their expense, taxi or using the boys. Do the least possible yourself so you don’t get resentful. Otherwise let more wear denim and those who want to do Dedicated Widows a different way and in a different city they can do so adapting the way of life and with a different name such as Dedicated Widows of Jesus of San Francisco. If they use the name Dedicated Widows of the Holy Family then they should visit and follow your way of life and you need to supervise them.

August 28, 2008

(/Context Ron telling a returning Catholic he could go to communion or get a blessing or go to confession first. I thought he shouldn’t go to communion after 20 years away from the faith without going to confession first.)

Holy Spirit: You are not wrong about the need for private confession for returning Catholics, but in the Transition and the breakdown of barriers between religions there will be a lot of strategies used that can be seen as lax; but that doesn’t mean We will not pour out special graves as in the case of Br. Roger of Taize. Or consider the Hebrew-Catholic woman in England with a dispense to go to Mass on a weekday instead of Sunday.

Concerning working with Ron and the Cursillo group, don’t let him tell you what to say and don’t tell him what to say. Part of the prophetic role is to speak out the truth in season and out of season; in the midst of kindred souls and minds and in groups that are not like minded. If they do a Bible Study it could be good to have you on board. For now, let go of expectations and wait to see how things develop. Do

you see how Anne is a pull away from immediate rejections of people because of disagreements?

Ronda: Are you simultaneously loosening me up for a change?

I asked about confession for returning Catholics and Fr. Ken agreed with me. But Ron said on another occasion Fr. Ken had told him that it was up to the Holy Spirit to tell a returning Catholic to go to confession. But Ron agreed to these later instructions.

August 29, 2008

Holy Spirit: Did you notice the tie in with 12 Steps and Scott, Diana's friend? See how 'Sister Death' helped Pete to break out of his Stoic way?

You fight and fight against these evils of pain and death. That is good, but not as an end in itself.

You are feeling challenged by Anne's word that you have no heart. All the prophets were so categorized for speaking the truth. Still you can learn more about speaking the truth with love by not speaking so quickly and being sure it is Us that want you to speak the truth in any given instance and listening more.

Ask Mary to be very close to your heart always for she is full of compassion. You do have compassion when a situation is like something you have suffered. Through better listening you will be able to let Us expand your heart. You are doing better than usual with Anne in listening. Make that a special goal in this time. We want to help you. If you are more silent you can listen better.

Joy about Sarah Palin. Joy of Benediction.

August 30, 2008 visit Annete with Anne here

Holy Spirit: Mary is softening you for being more hospitable. You see how good humor is for going with the flow. At the same time, yes, We are deepening you that out of compassion you could take in more of the sufferings of others. It is not so much a victim soul spirituality as simply empathy. Because you were brought up to be Nietzschean stoics you don't know how to relate directly to the tears of others.

Jesus said He would wipe away all your tears. That is heaven. But if you are to be a part of the kingdom "on earth as it is in heaven," then you need to start now with the wiping away of tears. Charismatic praying over others is a ritualized way to do this. When possible, whenever someone shows his or her pain, you can ask to pray over him or her. Ask Mary to do this through you with her heart.

August 31, 2008

Holy Spirit:

Having other women in the apartment with you is a near occasion of sin for them and for you! LOL. With A. be very silent. Let her take all initiatives.

Let visitors come to your house, but rent a car so some of the pressure is off of togetherness, and that will give them freedom to see the town. They must be attracted not so much to you as to the way of life of more prayer. They must be close enough to Us to accept the crosses that go with trying something new.

Eventually you will all need hired helpers.

THIS LOCUTION ENDED GOD ALONE AND THIS WAS FOLLOWED BY LOCUTIONS FOR DEDICATED WIDOWS FROM JESUS, MARY AND JOSEPH ENTITLED TOGETHER IN THE HOLY FAMILY.